

Put a “Boring Farkle” at the Top of your Holiday List (*with apologies to Karla*)

I suspect you have started to put together your Holiday Wish list; and it’s a pretty safe bet there are some Sparkle Farkle items on it. ☺ So when you are compiling the list, why don’t you top it with a “Boring Farkle” that may help save someone’s life; a **Portable Bike First Aid Kit**.

Yeah, I know it isn’t very cool looking and you really don’t ever want to use it, but what if . . . you are on a ride and someone goes down, wouldn’t you want to help? I think the answer is yes.

As many of you know, there is something in the medical field called the “Golden Hour.” Boiled down, it means that if a person, who suffered a trauma, is stabilized and transported to a hospital within 60 minutes, their survival rate approaches 90%. Longer than that and the survival rate reduces rapidly to the extent that after eight hours the survival rate is about 25%. Be the person that takes the first steps to help get the victim to the hospital in that Golden Hour. Get a first aid kit for every bike you have and carry it with you at all times and take the training that will be offered on **January 20th 2008** in Marysville (more information to follow).

Heaven forbid you ever have to use your “Boring Farkle”, but when you do, you will glad you put the First Aid Kit at the top of your list . . . Thanks and Ride Safer.

Bob Reagle, Chapter E Educator

A selection of Websites that describe and/or offer portable first aid kits:

<http://stampemrc.com/kit.htm>

<http://www.advancedfirstaidsupplies.com>

<http://down-east-tackle.amazonwebstore.com/Bell-Powersports-Motorcycle-First-Aid-Kit/A/B000HX55XM.htm>

www.ebay.com

www.amazon.com

And many others. Just do a search and see what you find.