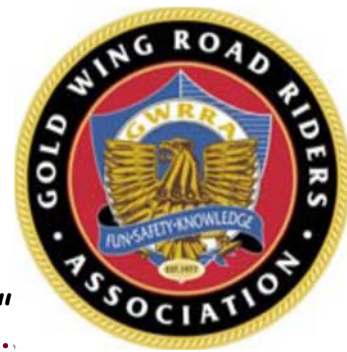




WA-E

Gold Wing Road Riders Association Region I - WA District



"Friends for Fun, Safety and Knowledge"



Message from our Chapter Directors

June..Time to Sit Back and Enjoy..

Chapter Gathering

June 18, 2016

Kenmore Lanes

8:00 AM, Breakfast

June has arrived, hallelujah. We all need a little sunshine for a while, so we can dry out and enjoy sitting outside, whether doing a little BBQ or just relaxing and basking in the sunlight. The number of months of winter this year, seems really long and we are all looking to have some great weather for the summer. There are lots of events planned for the chapter for the month of June, so we have our 'Ice Cream Social' starting on the 9th. We are going to keep it simple this month, starting at DQ on Bothell Everett Hwy at 6PM. Come join us.

Next on the calendar is the Chapter 'D' Duck Hunt on the 11th, down in Montesano. Great ride around Grays Harbor County, see the Eagle Eye for details on the event. Then we have our Chapter Meeting and Breakfast on the 18th, followed by a ride over to the Ballard locks, some food and some time to check out the locks and boats going thru. Should be really fun. Then we are back to 'Ice Cream' again. New time of 7PM for this one, which is a ride out to Sultan's Alpine Drive-In, for some food and what else, of course ice cream. This is the warm up ride for Bob's Omak Loop on the 25-26th of June. This is a great time for an overnight ride to Omak. Typically, we head across Hwy 2, a little back road cruising up to Omak. We stay at the Rodeway Inn, which is a decent hotel for not a lot of money. We have rooms blocked out, but you need to make your reservation soon, before they run out of rooms. Then on Sunday, we typically take Hwy 20 back, after a stop in Winthrop for some coffee, or an early lunch. This ride is a perennial favorite of most chapter members, so if you have never gone, this is a great way to come and spend time with your chapter friends and have some FUN.

Some other chapter business includes some rider courses, if you are interested, please check the Eagle Eye for the registrations. I know there are both ARC (Advanced Rider Course) and TRC (Trike Rider Course) available this year. Well worth the money and of course the chapter pays for it, if you attend. If you need more info, please contact me and I will get you in touch with our district rider educator. It is always good to work to improve your riding skills, no matter how good you are and how many miles you have under your belt, you can always learn something new. I encourage you to take a class. Need some ideas for our 'Ice Cream Socials' for July, so if you have any idea's please shoot me an email.

Also, don't forget the Washington District Rally, scheduled for July 15-17 in Port Townsend, WA. You can also register for this from the District Website. **We will not be having a chapter meeting in July.** I have recently via email asked who from the chapter is attending the rally. With Wing Ding in Billings this year, they are looking to see how many people are going to attend. If you are, please let me know so I can get the count back to the district folks. This year, it looks like Barb and I will not be attending, as we will be out riding on a two-week grand circle around our wonderful country with stops in many great locations. The 'Red Solo Cup' tour rides again.

Remember, if you see something that you think the Chapter would like to do and/or see, please feel free to let us know. We would be happy to take any and all ideas and suggestions to 'our' chapter membership to see if this is something we can all do as a group. This is **YOUR** Chapter, so please send all of your suggestions along and we will see what we can do to incorporate those into our Chapter gathering and events.

Till next month— Relax..

John and Barb



GWRRRA HAPPENINGS



2016 Calendar of Events

- June 11, 2016** — The Chapter D [Duck Hunt](#). Chapter D Puts on a great ride and always has a Fantastic route. Make plans to attend this fun Event!
- July 14—17, 2016**—Washington District Rally Port Townsend, WA Here is the [flyer!](#)
Plan to attend, it's going to be lots of fun for everyone!!!!
- July 28—30, 2016** — Idaho District Rally. Here is the rally [registration](#). It is a download
- August 13—14, 2016** — Chapter WA-Z Chicken Run
- August 20, 2016** — Chapter WA-O Whale of a Picnic

Are you going to Wing Ding? If you are, don't forget to register!
Region I is the Host Region for this year's Wing Ding and this is going to be a big one! Come help us celebrate our motorcycles and friendships!

Reno Rendezvous has been cancelled. With many of our members planning on attending Wing Ding, there has not been enough interest in Reno this year.



Rider Education



He Runs Hot and Cold!

As some of you know, I had a nice motorcycle ride already this year. I was out for about 2 weeks and went to the Region F Rally in Albuquerque, New Mexico. The route there was down through Idaho and Utah and it was a pretty nice ride. Scenery was incredible of course, the traffic light and the weather close to perfect. Not too hot or too cold. It was juuussst right! I had a great time at the rally doing all of the rally things we do.

On Memorial Day I rode to Phoenix. Nice (meaning no wind) ride there on I-40 and again not too hot. I spent a few days at the home office doing some GWRRA stuff. I had planned on leaving Thursday morning and it's a good thing. The temperature was going up with a high last Saturday at 117 degrees! Not for this Northwest boy!

I left Phoenix just before 6 AM on schedule and headed northwest. It was already a bit warm so I decided to skip a planned Crackerbarrel stop in Kingman, Arizona. I was riding mostly tank to tank to make as many miles as I could before it got really hot. Yeah right! The temperature on the bike read 108 in the Mojave Desert at one point! That's darned hot on a bike. I finished that day in Tehachapi, California which is in the mountains above Bakersfield. Nice and cool at 90. It felt good. The next day I headed for the coast, found cool temps and fog. I was shivering at one point and put another layer on. My final day was from Salinas, California home. It was 105 in Redding, CA but finally started to cool down as I made my way up the I-5 towards home.

So what does this have to do with Rider Education? Plenty. I used a few things that made the journey almost tolerable. I have several of those cool collars that you soak in cold water and they go around your neck. They work pretty good for a while. I also have a great cooling vest that works in a similar way. I had it in the ice chest so it made me shiver every time I put it on. In addition I soaked my helmet liner in ice cold water before putting it on. Now the most important part. I drank more water than I could count. I filled my 34 ounce cup with ice water every chance I could. I also drank plenty of sports drink. This was helping me to replace minerals and salts in my body. I had a cramping problem last year in Florida because I was only drinking water.

While I have ridden in hotter weather, this was plenty uncomfortable for me. Without the cooling stuff, I would have had to change my plans or hours of riding to the evening. This would have changed and perhaps increased the risks for this part of the ride.

The bottom line is make sure you are prepared for any type of weather, especially here in the northwest. Rain gear, warm and hot weather gear and several different levels of gloves.

The heat was actually tolerable. I will admit that once I got past Barstow and could see the mountains in front of me, it became a grind. I really like riding in the desert but at that point I just wanted and needed to get there. I buried my head in the air conditioner unit in my room, took a cool shower, drank even more water and felt great.

By the way, I crossed the Central California valley the next morning. It was pretty early but I loved it. This is probably the most productive farmland in our country and it was interesting smelling onions, garlic, grapes and some other smells I couldn't identify. I stayed off the freeway and was on farm roads. Pretty neat to see many different types of crops. The landscape eventually morphed into grazing land and oil well pumpjacks. Many were on and pumping away. That part was certainly a highlight of the ride. If you ever have the chance I would suggest visiting the area. In the mean time, prepare and get out and ride!



May Celebrations



Happy Birthday

Happy Anniversary

Karen Jamison	3
Jean Kuper	14

Ron and Lana Jo Peck	22
Mike and Lynn Keefe	23

If we have missed any announcement, birthday or anniversary please email Leah Gray or Barb & John with dates, names and information. If you have pictures and/or stories, please attach them to your email.

Cares & Concerns: Please remember to inform Leah Gray of any cares or concerns you have or if you are aware of other members in need of support. If someone is ill or incapacitated or simply is in need of a friendly hug or support, please let us know. We really do want to know if you are OK or in need of anything.

John & Barb Smith @ allabout_98019@outlook.com

Leah Gray @ lfsvr57@aol.com



Webmas-

If you have pictures to add to the Chapter E Website please email John and Barb, Chapter E
ter@: allabout_98019@outlook.com



Chapter E Staff

Chapter Directors

John & Barb Smith

Store Managers

Christie Pelican

Treasurers

Charlene Lee

Ride Director

Bob Spencer

Mileage Coordinators

Karla & Scott Edwards

Historians/Photographers

Ron Johnson

Chapter Greeter

Ron and Violet Urquhart

Newsletter Editor

Mike & Lynn Briggs

Cares & Concerns

Leah Gray

Membership Coordinator

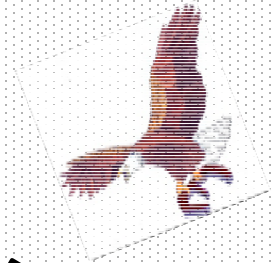
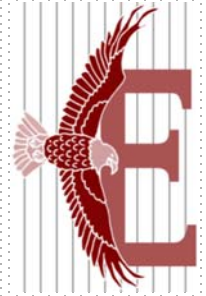
Ron and Violet Urquhart

Web Designer

John Smith

Dinner Socials Coordinators

Bill and Caryl Estes



Bellevue, WA

**Together, we
can make
a difference!**



Gold Wing
Road Riders
Association

www.gwrra.org/



Region I Staff

<http://www.bigskyregioni.org/>



Washington District Staff

<http://www.gwrra-wa.org/>



Region Directors Cheri and Terry Huffman
Assistant Directors Don and Sharon Weber
Rider Educators Don and Christine Eide
Membership Enhancement Bob and Becky Minor
Asst. Membership Enhancement Bill & Nancy Lea
Leadership Trainer Greg Hintz
Treasurer Diana and Fred Borke
Webmaster Mark Bridge
Newsletter Editor Maria Muirbrook
Communications Officer Donna Deskin
Vendor Coordinator Mary Hunter

Acting District Directors Garry and Maxine Alexander
District Trainer Roy and Pearl McKenzie
District Treasurer Mike and Bijou White
Membership Coordinator Pete and Lynda Goetz
District Rider Educators Dennis and Terri Black
District Motorist Awareness Vic Parr
District Webmaster Brad Kane
District Couple of the Year Ron and Violet Urquhart
District COY/IOY Coordinator Ted and Debbie Moore
District Ambassador Gary and Diana Domas



June 2016

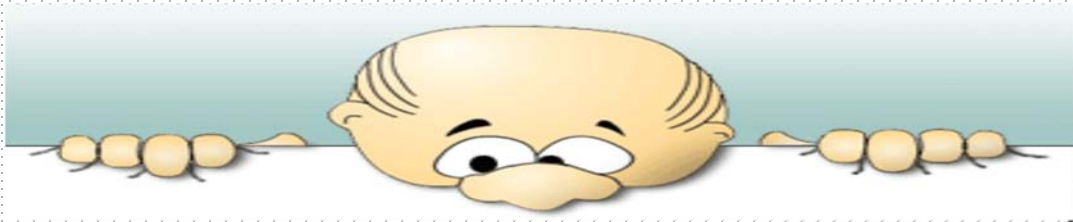


Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Happy Birthday Karen Jamison	4
5	6 D-DAY JUNE 6, 1944 	7	8	9	10	11
12	13	14 Flag Day  Happy Birthday Jean Kuper	15	16	17 Eat Your Vegetables Day 	18
19 HAPPY FATHER'S DAY 	20 summer Solstice 	21	22 Happy Anniversary Ron and Lana Jo Peck	23 Happy Anniversary Mike and Lynn Keefe	24	25
26	27	28 Paul Bunyon Day 	29	30		

GWRRA Washington District Chapter Gathering Sites

4th Saturday	8:00AM	A-Seattle	Old Country Buffet, 25630 104th Ave. SE, Kent, WA 98030
1st Saturday	8:00 AM	B-Bremerton	Bremerton Airport Diner, 8830 State Hwy 3, Bremerton, WA 98312
2nd Sunday	8:30 AM	D-Aberdeen	Duffy's Restaurant, 1605 Simpson Ave, Aberdeen, WA 98520
3rd Saturday	08:00AM	E- Bellevue	Kenmore Lanes, 7638 NE Bothell Way, Kenmore, WA 98018
2nd Tuesday	6:00 PM	H-Lynden	Fairway Restaurant, 1726 Front St, Lynden, WA 98264
3rd Sunday	8:00 AM	I-Olympia	Hawks Prairie Restaurant, 8306 Quinault Dr, Lacey, WA 98516
2nd Saturday	9:00 AM	L-Kennewick	Red Lion, 2525 North 20th Ave, Pasco, WA 99301
1st Saturday	8:00 AM	M-Yakima	The Branding Iron Restaurant, 61311 Hwy 97, Toppenish, WA 98948
3rd Sunday	8:00 AM	N-Spokane	Golden Corral Restaurant, 7117 N Division, Spokane, WA 99208
4th Saturday	8:00 AM	O-Port Orchard	Bremerton Airport Diner, 8830 State Hwy 3, Bremerton, WA 98312
3rd Saturday	1:00 PM	P-Longview	Sizzler Restaurant, 936 Ocean Beach Hwy, Longview, WA 98632
1st Friday	6:00 PM	Q-Puyallup	Luck's Cowgirl Up 14114 Pacific Ave, S Tacoma, WA
1st Saturday	9:00 AM	R-Walla Walla	Smith's Restaurant, 1425 W. Pine St, Walla Walla, WA
1st Thursday	6:00PM	V-Auburn	Trotters Restaurant, 825 Harvey Rd, Auburn, WA 98001
1st Saturday	8:00 AM	X-Vancouver	Hometown Buffet, 7809 B NE, Vancouver, WA 98686
2nd Friday	6:30 PM	Y-Enumclaw	Krain Corner Restaurant, 39929 264th SE, Enumclaw, WA 98022
2nd Saturday	6:00 PM	Z-Centralia	Ramblin' Jacks 1336 Ruch Rs. Chehalis, WA Exit 73

Some Useful Gold Wing Links



<http://www.goldwingfacts.com/>

<http://www.aboutmotorcycle.com/>

<http://www.tourkingcovers.com/shop/>

<http://www.msf-usa.org/>

<http://www.soundrider.com/>

<http://www.wingstuff.com/index.php>

<http://www.goldwing-world.com/GL1800.htm>

<http://www.gl1800riders.com/>

<http://www.tulsaenterprises.com/1800.html>

<http://www.ridelikeapro.com/>

