

GWRRR



April 2009

Gold Wing Road Riders Association:
Big Sky, Region I & WA District



*"Friends for Fun,
Safety and Knowledge"*

Message from our Chapter Directors



I know I have expressed optimism over the last couple of months for "the have to come sometime ride season". Except for the occasional rain showers that we may have to tolerate, at least early on, this month... I think we are finally there. Riding with friends is one of the many activities Sheila and I have especially enjoyed since joining Chapter E... riding and the wonderful camaraderie and chemistry we have when we do a group ride. It was never more evident and enjoyable than it was earlier this month when a few of us went out for our first organized ride of the season... an impromptu picnic ride out in the countryside of Whidbey Island, courtesy of some early ride planning from our Ride Director, Bob Spencer. Joining Bob and I, John and Barb, Ron Peck, Jimm Burke and Ernie (a total of 8 bikes) for the first of what I hope will be many more times was "RJ" (i.e., Ron) and Kathy Johnson. Kathy's wonderful article of the ride in this edition of the newsletter explains the fun and friendship we all enjoyed on that ride.

In my view, we are blessed as a chapter to have so many talented riders with different personalities and interests, yet we still have a seamless tapestry of members that share compatibility and easy friendships. It is easy to take what we have for granted, but Sheila and I never have. We appreciate what we have in Chapter E and value it very much...we all should.

Speaking of riding ... let me remind everyone that this ride season is a little different from previous ones in that this year we are locked in a competition with all of the District chapters in a mileage contest. We need to get our mileage runs up as much as possible by the end of June. At that point, the mileage readings will be tallied and the award for the most safe-riding miles will be given to the winning District chapter, to say nothing of the bragging rights for the rest of the year! The winning chapter will be revealed at the District Rally, July 16-19, 2009, Lynden, Washington. Gosh, we would love for it to be Chapter E.

If you have not already signed up for the rally this year, please consider attending. Chapter E will be responsible for rally security this year, as well as being entered in the Talent Contest. So, "ask not what your chapter can do for you but what you can do for your chapter"! June 1st is the deadline for registration at a reduced cost. Again, as in every year, we want to "speak well of ourselves" as a chapter by participating. Enough for now...have a great month and ...

NEXT CHAPTER

MEETING

Saturday

April 18 , 2009

Denny's Diner

2233 148th Ave NE

Bellevue, WA

Breakfast: 8:00 AM

Meeting: 8:30 AM



Ride Often — Ride Safe

Dave & Sheila

Happy Easter





GWRRRA NEWS PAGE



SPECIAL ANNOUNCEMENT

In case you haven't heard, congratulations are in order for our own Chapter Educator, Bob Reagle who was selected as the Chapter Educator of the Year for Washington District, 2009. Way to go Bob!

DON'T FORGET THE NEW PASSPORT REQUIREMENTS:

GO INTO EFFECT ON JUNE 1, 2009!



Travelers in and out of the U.S should take note that on January 23, 2007, the first phase of the Western Hemisphere Travel Initiative (WHTI) went into effect. This phase of the U.S. initiative requires that all travelers entering the United States by air from within the western hemisphere must carry a valid passport. Travelers may also use their NEXUS Air membership as a valid document when flying to the U.S. from Vancouver International Airport.

This phase of the WHTI does not affect travel into the U.S. by land or sea.

The second phase of the WHTI will go into effect on June 1, 2009. This phase will include travel to the U.S. by all modes, including air, land, and sea. If certain criteria are met by the U.S. Secretaries of State and Homeland Security, this second phase could go into effect sooner.

For more information, log on to www.dhs.gov or www.cbsa.gc.ca.

→ You could also get an Enhanced Driver License (EDL) if you want to upgrade your driver's license or it is time to renew. The cost is only \$15.00 above normal renewal fee.

Go to: www.dol.wa.gov/driverslicense/edlsteps.html





GWRRRA

NEWS PAGE

CONTINUED



News in the State

◆ **Washington District Rally "Lynden II—It's a Family Affair"** July 16-19, 2009,

Northwest Washington Fair & Events Center, Lynden, WA.

http://www.gwrrra-wa.org/Flyers/2009_District_Rally_Lynden.pdf

◆ **"Migration to Montana"** - Lynden, WA. To Hamilton, MT. July 19 –23, 2009 (*see next page*)

http://www.gwrrra-wa.org/Flyers/2009_R2R_Flyer.pdf

◆ **Montana District Rally "The Rally in the Ravalli Valley"**, Hamilton, MT. July 24-26, 2009

http://gwrrra-mt.org/MT_district%20rally_july09.pdf





MIGRATION TO MONTANA
LYNDEN, WA TO HAMILTON, MT

JULY 19-23, 2009

You may leave the Washington District Rally in Lynden and travel straight to Hamilton, or the locals can go home to wash and repack before leaving for Hamilton. The objective is to take the scenic route and enjoy the trip. Collect a receipt from each checkpoint location to turn in at Montana District Rally. Route map and checkpoints will be distributed at the Washington District Rally. If you collect receipts for all checkpoints, you receive your ticket for the drawing to win \$\$\$\$\$. Enjoy the ride!

This is a destination ride. You can leave at your own leisure and meet each evening or go with a group. There will be a group leaving on Monday at 10:00 a.m. from Marblemount, WA. The first night stay is in Omak on Monday, Tuesday night in Wolf Lodge, ID, Wednesday night in St. Mary, MT, and arriving in Hamilton, MT on Thursday.

LODGING AND CAMPING You are responsible for making your own overnight lodging arrangements. The following list is just ideas and the accuracy is not guaranteed. We highly recommend that you make advance reservations, as we are traveling at the peak of the tourist season.

OMAK, WA

Rodeway Inn & Suites Omak

122 N Main St

Omak, WA

509-826-0400

www.rodewayinn.com

Omak Inn

912 Koala Drive

Omak, WA

509-826-3822

www.omakinnwa.com

Best Western Peppertree Inn at Omak

820 Koala Drive

Omak, WA

509-422-2088

www.bestwestern.com

East Side Omak City Park

Contact Omak Chamber of Commerce

omakchamber@northcascades.net

WOLF LODGE, ID

Wolf Lodge Campground

I-90, Exit 22

Coeur d'Alene, ID

866-664-2812

La Quinta Inn & Suites

2209 E Sherman Ave

Coeur d'Alene, ID

208-667-6777 www.lq.com

Comfort Inn Coeur d'Alene

2303 N 4th Street

Coeur d'Alene, ID

208-664-1649

www.comfortinn.com

Baymont Inn & Suites

601 Bunker Ave

Kellogg, ID

208-783-1234

www.baymontinns.com

ST.MARY, MT

St. Mary National Park Campground

St. Mary, MT

406-888-7800 www.recreation.gov

Saint Mary-Glacier Park KOA Kampground

106 W Shore Dr.

Browning, MT 406-732-4122 www.koa.com

St. Mary Lodge and Resort

US Highway 89 & Going-to-the-Sun Road

St Mary, MT 59417

Toll Free: 888-778-6279

Fax: 406-732-9265

www.stmarylodgeandresort.com

Johnson's of St. Mary

St. Mary, MT

406-732-4207

www.johnsonsofstmary.com

HAMILTON, MT

See Montana District Website for Rally Lodging. <http://gwrra-mt.org/index.htm>



Seasoned Rider Module Fact Sheet

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Some crash analysis studies indicate that as the median age for motorcyclists increased in recent years, the rate of involvement in traffic incidents also increased. According to the National Center for Statistics and Analysis (NCSA) of the National Highway Traffic Safety Administration (NHTSA), fatality rates for riders over 49 years of age increased more than the rates for younger riders.

This "Seasoned" (a.k.a., older) Rider Module Fact Sheet provides key factors that illuminate the effects of aging on motorcycle operation and motorcycle safety. It is provided in conjunction with the Motorcycle Safety Foundation *Rider Education and Training System*SM (MSF RETS), and may be useful in other courses and training opportunities such as the MSF *Basic RiderCourse*SM and the ERC Suite *Skills Plus RiderCourse*SM.

General Facts

The following data and information was gleaned from reputable sources and applies to operators of motor vehicles in general. Where applicable, motorcycle-specific information is provided.

1. There are more than 18.9 million licensed drivers in the U.S. who are 70 or older. By 2020, it is estimated there will be more than 30 million licensed drivers age 70-plus.
2. One of every three drivers in America is now over 55 years of age. The typical U.S. motorcycle owner is about 41 years old compared with 24 years old in 1980.
3. **The primary traffic violation committed by drivers aged 50 and over is "failure to observe the right-of-way."**
4. **Another common traffic violation committed by drivers aged 50 and over is "improper left turn."**
5. The effects of aging occur gradually over time and deterioration may not be noticed.

CONTINUED

Chapter E Library

- | | |
|--|--|
| ◆ Book: Street Strategies by David L. Hough | ◆ Book: Proficient Motorcycling by David L. Hough |
| ◆ VHS: Co-Rider from GWRRA (2002) | ◆ VHS: Gary Sanford's Slow Speed Cycling Seminar |
| ◆ VHS: Part 1: Helmet Effectiveness (Hurt Report) | ◆ Part 2: Co-Rider from GWRRA (Pre-2002) |
| ◆ VHS: GWRRA & Safeco present Touring & Braking / Trailering (1996) | ◆ VHS: Buying Motorcycle Helmets (Snell Memorial Foundation) |
| ◆ VHS: Basic Maintenance of the 1500 Goldwing with Andy MacDonald 2001 | ◆ Report: Fatal Single Vehicle Motorcycle Crashes, October |
| ◆ VHS: Advanced Maintenance for the 1500 Goldwing with Andrew MacDonald | ◆ Report: Drowsy Driving and Automobile Crashes |
| ◆ Report: Impaired Motorcycle Riding: What Motorcyclists Think About Alcohol and Motorcycling, February 2001 | |



6. About 20 percent of people age 55 and 30 percent of those over age 65 are hearing impaired.
7. Relatively few deaths of elderly people, 75 years of age and older, involve motor vehicles; but they have higher rates of fatal crashes per mile than younger drivers.
8. Recent data show that of the more than 57,000 drivers involved in fatal crashes annually, more than 10,000 of those were over 55 years of age.
9. The U.S. Food and Drug Administration reported that about 50 percent of all medications that older persons take could interact with alcohol. Combining medications and alcohol may cause serious adverse reactions and risky behaviors.
10. Countermeasures that have proven beneficial in reducing the more risky aspects of aging include physical therapy, perceptual therapy, driver education, and modern highway and vehicle engineering.

Rider Functions

Motorcycle operation, as with the operation of any motor vehicle, is a task that involves visual and perceptual functions, cognitive and attention capabilities, and motor skill responses. These human functions are addressed in the MSF RETS with the acronym of S.E.E., which means Search, Evaluate, and Execute. S.E.E. is a dynamic decision-making process with overlapping functions for maintaining a safety margin. A rider must search for potential crash factors, evaluate the level of risk, and execute a smooth, controlled response in avoiding emergencies. Here are some specific effects and recommendations related to the aging process and S.E.E. that are applicable to seasoned riders.

Search

1. Visual clarity diminishes. This phenomenon is gradual and typically begins between the ages of 40-50. Having a periodic eye exam is a wise choice. Visual acuity declines modestly beyond age 60, as measured by high-contrast acuity charts.
2. Night vision is especially diminished. The eyes gather less light as a person ages making it more difficult to see clearly at night. On average, the older person requires four times more light than the younger person.
3. Peripheral vision diminishes. As visual acuity diminishes over the years, the side or peripheral vision becomes blurrier also.
4. Hearing diminishes. Although most input for decisions in traffic are perceived through the eyes, a rider should-
n't discount the value of hearing traffic sounds or motorcycle sounds that could indicate a mechanical problem.
5. Eyes are more sensitive to light. The rods and cones in the eyes become more sensitive over time, which makes adjusting to light sources more difficult. This is particularly true when responding to glare or oncoming headlights.
6. Eyes take longer to adjust from near to far objects and vice versa. The muscles of the eyes become less responsive over time and take longer to adjust to changes in the environment as well as changes when moving focal points between far and near.
7. Eyes take longer to adjust to dark. The weakened eyes muscles cause the eyes to dilate less quickly.

8. Depth perception diminishes. This may affect judging appropriate gap selection when passing another vehicle and when crossing or turning at an intersection.
9. Street and directional signs are more difficult to read. Difficulty in early sign recognition may increase the chance of input overload, which occurs when there is more going on in traffic than may be accurately perceived or processed.

Evaluate

1. **Medications affect performance and behavior. Labels should always be read and a medical doctor's advice** should be followed.
2. Complicated signage may be confusing. There are many situations, especially in unfamiliar areas, where a rider must contend with several points of information simultaneously. Often times older riders will need more time to process the information.
3. Space and distance are misjudged more frequently. Most riding decisions are based on input from visual processes. Any deterioration of visual functions will result in potentially misjudging elements of space and distance.
4. Awareness of impending risk is delayed. Eye muscles and body muscles react more slowly, resulting in delayed response time.
5. It may take fewer factors to interact to form a potential conflict. Crashes are typically caused by an interaction of factors. The number of road and traffic factors a rider may handle at any given moment varies, but aging may lower the number of simultaneous risk factors that a rider may be able to respond to safely.

Execute

1. Muscles are weaker. Muscle tone and strength deteriorate as a rider ages. Without weight training a person loses 6-10 percent muscle mass per decade starting at age 30.
2. Endurance is diminished. Oxygen is not utilized as efficiently and the muscles lose their elasticity.
3. Reaction time slows. Responding to factors may require more time and space because correct actions require perception, evaluation, and motor response (muscle) time. Reacting to a hazard may take twice as long for a rider who has moved into middle age (40 to 54 years of age), and up to three or four times longer after age 55 or so.
4. Control sensitivity lessens. The feeling of the road through the tires and handlebars lessens, as well as the feedback that occurs in cornering and braking. This may have serious implications in crash-avoidance maneuvers.

Recommendations

Below are some riding tips and considerations that should be taken into account by motorcyclists. Although these practices may be appropriate for riders of any age, they are particularly valuable for riders who are reaching their more mature years.

Riding Tips

1. Keep a greater following distance, perhaps three seconds or more. Some authorities recommend up to a six-second interval.
2. **Avoid complicated and congested roads and intersections. "Input overload" is a phrase often used to describe** the presence of too much information to be able to process accurately. A good choice is to pick a route that contains less complicated roadways with less traffic flow and fewer turns.
3. Allow larger gaps when moving into a stream of traffic. Selecting a safe gap when passing another vehicle or crossing or turning at an intersection is an important decision for smoothly blending with others.
4. Make a point to check side-to-side at intersections. It is a wise motorcyclist that recognizes that eye movement and muscle movement (head and neck muscles in particular) become more difficult with age. A rider should take an extra moment to double-check cross traffic to get a good look.
5. Keep making good blind-spot checks. **Traffic research shows that older drivers don't check blind spots as well** as younger drivers. An extra moment to ensure nothing is hiding in a blind spot may help reduce risk.
6. Have a passenger help you S.E.E. Passengers can be an additional set of eyes to help identify hazards and assess risk.
7. **Keep windshield, helmet face shield and eyeglass lenses clean. Dirt and grime on a rider's "window to the world" may adversely affect quick and accurate perception of factors such as traffic control devices, road markings, debris and other traffic movement.**
8. Avoid tinted lenses at night. Any tint lessens the light available to the eyes and makes seeing well at night more difficult.
9. Wear sunglasses when glare is a problem. During daytime glare, good polarized sunglasses may reduce the effects of glare significantly and make identifying a traffic hazard easier.
10. Adjust mirrors to avoid glare from following vehicles. Sometimes a slight mirror adjustment may reduce the distracting effects of traffic behind you and still provide the perception necessary to identify hazards to the rear.
11. Keep the headlight(s) clean and properly adjusted. During routine maintenance, be sure the headlight is aimed **correctly. Refer to your owner's manual for adjustment information.**
12. Avoid glasses with wide frames or heavy temples. Eyeglasses or sunglasses may be constructed in a way that creates a blind spot. Be sure the frames do not inhibit side vision or create difficulty in seeing the entire field of vision.
13. Avoid being in a hurry. It is unwise to make up for lost time by riding aggressively. Leaving a little early will result in a more relaxed, enjoyable ride and create an opportunity for choosing greater time and space safety margins.
14. Remember that the average age of the driving population is increasing, and you are sharing the road with others who may be experiencing the effects of aging on their operation of a motor vehicle. Keeping a greater safety margin is a wise choice.

Rider Education *CONTINUED*

Motorcycle Choice

15. Choose a motorcycle with large dials and easy-to-read symbols. Brightly illuminated gauges may be helpful for riding at night.
16. **Choose a motorcycle that fits well and doesn't cause muscles to strain because of an unusual seating position** or because the controls are difficult to operate. How a motorcycle fits its rider may affect overall handling and performance at both low speeds and at higher speeds.
17. **Follow manufacturer recommendations in the owner's manual. Good maintenance will keep your motorcycle operating like new.**

Personal Responsibility

18. Wear protective gear. The muscles and bones are more prone to injury and the time for healing is often extended for an older person. Using extra body armor may help mitigate injury should a fall occur.
19. Renew skills often by completing a Motorcycle Safety Foundation ERC Suite Skills Plus *RiderCourse*SM. The half-day of practice is always fun and helps keep riding skills fresh.
20. Enroll in the AARP Driver Safety Program. (AARP is the American Association of Retired Persons.) It is the **nation's first and largest classroom driver improvement course specially designed for motorists age 50 and older.** (It is eight hours in length and costs \$10. Insurance discounts may apply. Take the quiz on the AARP website at www.aarp.org under the topic of "Driver Safety.") **Also, AAA offers a course for older drivers called "Safe Driving for Mature Operators" (contact a local AAA club for details) and the National Safety Council has a course titled "Coaching the Mature Driver" (call 800-621-7619 for information).** See helpful resources below.
21. Separate alcohol and other impairing substances and conditions from riding. Over-the-counter and prescription medications could cause impairment. **And don't forget the possibility of synergistic impairment that occurs when drugs are used in combination.**

Physical Health and Fitness

22. Have annual eye checkups. This is a good recommendation for anyone over the age of 35.
23. If 60 or older, be sure your eye doctor checks annually for cataracts, glaucoma, macular degeneration, diabetic retinopathy and other conditions associated with aging.
24. Have annual medical checkups. Being physically fit and in good health helps ensure the safest, most enjoyable ride possible.
25. Keep an exercise regimen to enhance flexibility, strength and endurance. Fitness is important at any age. Maintain good muscle tone and flexibility to improve the enjoyment of motorcycling.
26. Ask a significant other if they notice changes that might affect safety on a motorcycle. Motorcycle operation is a complicated perceptual-motor skill, meaning it is a skill of the eyes and mind as well as the hands and feet. Identifying deterioration or weaknesses in other areas of normal living that require perceptual-motor skill, whether in the workshop, in the yard, or in the kitchen, should be used as clues that operating a motorcycle safely could also be affected.
27. If/when the time comes to retire from motorcycling, buy a sporty convertible.

Chapter E Ride

Saturday, April 4, 2009

By Kathy Johnson



Last week-end we got our first taste of spring and what a fine taste it was. Even though I woke to 31degrees and had to scrape the ice off every window of my car, the day promised to be a beautiful day for a Chapter E bike ride.

As it happened, there were nine like-minded members, on eight bikes, who gathered together at the Canyon Park Starbucks to enjoy the day together. They were John & Barb Smith, Ron "RJ" and Kathy Johnson, Bob Spencer, Dave Chavez, Jimm Burk, Ron Peck, and Ernie Sigarto.

We all headed for the Mukilteo-Clinton ferry and **just missed it. But you know....when you are sitting in the sunshine, for a change, even a ferry wait is okay.** After boarding the 10:30 AM ferry we rode all the way up the island and returned via the main highway.

On Whidbey Island we went south from Clinton to **"Dave Mackie" County Park in Maxwelton.** Then to Langley and north around Saratoga Point and back to Freeland; where a few of us picked up a picnic lunch. The view from Langley looking out across the water toward the Cascades was spectacular!



We picnicked at **"Fort Casey"**. A few of us napped or read, while others explored the guns, the lighthouse, and the old fort. We then rode through Coupeville and north on Madrona Way crossing over to the west side of the island. From there we rode up West Beach Rd, skirting Whidbey Island Naval Air Station and then on to Deception Pass State Park. After a Starbucks stop in Oak Harbor, we returned to Clinton via the main highway down the island and boarded the ferry back to Mukilteo.

Everywhere we stopped, one could feel humanities collective sigh of relieve that winter was finally behind us and we could truly look forward to more of these fine sunny days ahead.

Thus, was the Johnson's first ride as new members of Chapter E. Thanks John, Barb, Bob, Dave, Jimm, Ron and Ernie for your good fellowship and easy going manner. It was a pleasure to spend the day riding with you.

😊 Special thanks to Bob Spencer for organizing this ride and picking the perfect day to ride.

FACTOIDS & FUNNIES

"A Compendium of Facts & Information That Will Astound and Amaze You"

Face Shield Factoids

With companies like Arai, Shoei, Shuberth and others creating helmets that last four to seven years, you'd think the things were indestructible. They aren't and the face shields that come with them aren't either.

In fact, if you hadn't thought about replacing your face shield lately, perhaps now is the time to do just that.



Face shields endure a lot of pain in their life. Oh sure – maybe you've been through a divorce, had a messed up childhood, or suffer from some muscular disability brought on by eating a can of Campbell's botulism soup. But that ain't nothin' compared to being struck by rocks again and again, having flying insects imbed themselves onto your surface, or enduring the wiping of paper towels back and forth, day after day. It may be time to replace your face shield.

Your face shield protects your eyes and your face while you ride. But in doing so, over time, it can impair your vision and become a nuisance doing so. Let's look at a few ways to increase the life of your face shield and know when to say when.

1. No paper products – When you clean your face shield use a micro fiber cleaning cloth or terry cloth towel to do so. Stay away from paper towels and napkins whose fibers can mar the surface of your face shield. It's tempting to reach for a paper towel or paper napkin when you pull into a gas station or restaurant. Don't. Instead pack a quality cloth you can clean with water and take it with you on your trip. It takes up so little space.
2. Use Gentle Cleaners – Like sunglasses, face shields need to be cleaned with gentle cleaners. Ammonia and alcohol based cleaners like Windex will do more harm than good on your plastic face shield. These cleaners are made for glass and can tear away at the plastic layers on your face shield. So instead of cleaning it, they're actually deteriorating it. Instead use mild cleaners like gentle hand soap and plastic cleaners. A favorite plastic cleaner of mine is made by Griot's out of Tacoma, Washington.
3. Rock-A-Bye-Bye-Baby – Your face shield is going to protect your face from getting smacked by gravel. Soon enough you'll know that's happened when you realize you can't clean off an imperfection. When that happens you suck it up and live with it. But after a few of these occurrences your face shield is really starting to distort your view making it hard to see a far distance when you're distracted by numerous imperfections in the plastic. It's time to chuck it, vamanos, throw it way. And while it may cost you a few bucks to buy a new one, the life you save may be your own. I make it a practice to buy a new face shield every year. It's your call based on how much you ride and knowing when to say when.
4. Get Clear – Clear face shields are legal all over the world - not to mention in all 50 states and Canada too. As for the other myriad of face shields - they are not. In Washington State no face shield other than clear is legal after sunset, so if you broke down with a smoke shield and make it home after dark, you're endangering yourself and setting yourself up for a moving violation. The trick – purchase a set of [interchangeable optical lenses](#) (also know as sunglasses or eyewear) that you can carry with you while you ride. Such systems can provide you with clear, smoke, yellow(night/fog) and driver (amber) options so that you'll have whatever you need for any conditions. And some systems even come with a [prescription option](#).

Continued

5. Fog, Fog, Go Away – **Fogging on your face shield can be a major pain in the tutu. I've heard all the remedies and the reality is that none are the end all.** For mild fogging, simply open the face shield about half an inch and that solves the issue. Rain and humidity only add to the insanity and for that try a Scott cloth (available from **Seattle Cycle Center**). **Most other methods I'm aware of (Zooke etc...) cause excess moisture to develop on your lens and impair your vision otherwise.**

While a face shield does a wonderful job of protecting your eyes and skin, it only does so until the other factors of light, age moisture and general visibility set in. Make every effort you can to become one with your face shield **and don't feel bad when you finally send it to the recycle bin.**

Patrick Thomas/Spring 2004,

Sound Rider

Biker Chili

A duded-up city rider walks into a seedy tavern in Sturgis, SD. He sits at the bar and notices a grizzled old biker with his arms folded, staring blankly at a full bowl of chili.

After fifteen minutes of just sitting there staring at it, the newbie rider bravely asks the old biker, 'If you ain't gonna eat that, mind if I do?'

The old veteran of a thousand rides slowly turns his head toward the young pup and says, 'Nah, you go ahead.'

Eagerly, the guy wearing the shiny new leather fashions reaches over and slides the bowl into his place and starts spooning it in with delight.

He gets nearly down to the bottom of the bowl and notices a dead mouse in the chili. The sight was very shocking and he immediately barfed up the chili back into the bowl.

The old biker quietly says, 'Yep, that's as far as I got, too.'





Washington District 2009 Calendar of Events

Check the Washington GWRRA web site for flyers and contact information at www.gwrrawa.org for any events you wish to participate with. 2009 will be another great year with great memories made.

2009

			AUG 8	Picnic in the park	WA-O
JAN 24	Casino Night	WA-I	AUG 13-15	REGION I RALLY, IDAHO	
FEB 27-MAR 1	Three Rivers Mall Show	WA-P	AUG 16	Show	WA-Q
MAR 6-8	D Mall Show	WA-D	AUG 22-23	Campout	WA-Z
<u>MAR 6-8</u>	<u>Surf Watch</u>	<u>WA-E</u>	AUG 29	Poker Run	WA-X
MAR 28	Bowling Challenge	WA-O	SEPT 4-7	Campout	WA-B
APR 3	Q Auction	WA-Q	SEPT 3-6	IDAHO DISTRICT RALLY	
APR 4	Prosser Breakfast Mtg	WA-M & R	SEPT 18-20	Oyster Feed	WA-P
APR 18	Early Spring Fun Run	WA-C	OCT 10	DISTRICT LEADERSHIP CONFERENCE	
APR 19	Brown Bag Auction	WA-N	OCT 24	Halloween Dance	WA-Q
MAY 2-3	Fun Run	WA-M	NOV 11	Veterans Day	WA-B
MAY 22-25	Desert Spring Fling	WA-L	DEC 12	Festival of Lights	WA-D
JUN 6	Farmers Parade, Lynden	WA-H			
JUN 13	Duck Hunt	WA-D			
JUN 18-20	OREGON DISTRICT RALLY, PRINEVILLE				
JUN 20	Disabled Veteran's Ride	WA-X			
JUN 25-27	WYOMING DISTRICT RALLY, CHEYENNE				
JUL 1	International Couple Selection at Wing Ding (Shirley and Dale Dufner competing)				
JUL 2-5	WING DING NATIONAL				
JUL 11	Mystery Ride	WA-A			
<u>JUL 16-19</u>	<u>WASHINGTON DISTRICT RALLY,</u>				
	<u>LYNDEN</u>				
JUL 25	Here's Your Sign Run	WA-Q			
JUL 23-25	MONTANA DISTRICT RALLY				
JUL 31-AUG 1	REGION J RALLY				
AUG 1	Harvest Run	WA-B			

*This calendar is subject to change.



Chapter Director
Dave & Sheila Chavez
Store Managers
Ron & Kathy Johnson
Treasurer
Jim & Karen Roberson
Ride Director
Bob Spencer
Ride Coordinators
Open
Mileage Coordinators
Karla & Scott Edwards

Asst. Chapter Director
John & Barb Smith
Chapter Educator
Bob Reagle
Historians/Photographer
Ron & Lana Jo Peck
Ways & Means
Ernie & Sue Sigyarto
Designer
Penny Rosenow
Lighthouse Photo Tours
Bob & Thess Thurgood

Newsletter Editor
Sheila Chavez
Membership Coordinator
Sheila Chavez
Web Page
John Smith
Cares & Concerns
Patty Spencer
Dinner Socials
Leah Gray
Karla Edwards
PLP Coordinator
Ron Peck



Together, we
can make
a difference!



National, Region I & District Staff



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WA Asst Dist. Directors

Bob & Patty Spencer
(425) 489-9786
add@gwrwa-wa.org

WA Asst Dist. Directors

Hank & Marilyn Smith
(509) 585-6100
add@gwrwa-wa.org

District Educators

Jim & Pam Swart
educator@gwrwa-wa.org

Web Sites:

WA-District:

<http://www.gwrwa-wa.org>

Region I:

<http://www.bigskyregioni.org>





April Birthday's

Rick Dewitt	1
Mark Caldwell	2
Carl Leon	3
Sandy McMahonill	10
Rick Gustin	13
Bob Watson	19
Christy Pelican	21
Ernie Sigyarto	22
Russell Greaby	23
Dave Chavez	29

April Anniversaries



Bill & Carly Estes	2
Rick & Sue Gustin	14
Dick & Ginny Styker	30

Note from the Newsletter Editor, *Sheila Chavez*

Please contact me with information, articles and/or pictures you would like to share with Chapter E members in our newsletter.

Special Reminder: Don't forget to look for your membership number hidden somewhere in our newsletter. If you find your number, this could mean \$ for you if you tell us at the Chapter E meeting of the month of the newsletter. We encourage you to identify yourself at the meeting.

The member with the hidden # for January, February & March did not come forward and the pot now is \$20.00 . Keep looking, yours could be picked!! The member numbers are picked by a "Random Number Generator" program that our son Davey, created that randomly picks from the Chapter E member list.

If I have missed any announcement, birthday or anniversary please email me with dates, names and information. If you have pictures and/or stories, please attach them to your email.

Email Sheila @ dashwae@comcast.net

If you have pictures to add to the Chapter E Website please email John Smith, Chapter E Assistant Chapter Director & Webmaster @: john.smith@tideworks.com



Happy Easter

◆ April 11, 2009: Polar Bear PLP (weather permitting). Redmond HS, 1000-1200

◆ April 12, 2009: *Happy Easter*



◆ April 18, 2009: Chapter E Breakfast & Chapter Meeting.

☆ **New location: Denny's Diner, 2233 148TH AVE. N.E. BELLEVUE, WA 98007;**

Phone: 425-746-1477 Breakfast begins between 8:00 AM and the meeting starts at 8:30 AM. After meeting activity will be WA-C Early Spring Fun Run. Many Chapter members want to make the event so the meeting may finish a little early. We will also finalize the selling of Raffle tickets to help support the International Couple of the Year competition for Dale & Shirley.

◆ After meeting activity will be WA-C Early Spring Fun Run. Many Chapter members want to make the event so the meeting may finish a little early.

◆ April 18, 2009: WA-C Early Spring Fun Run. More details to follow.

◆ April 23, 2009: Chapter E Dinner Social. Olive Garden Restaurant @ 11325 NE 124th St. Kirkland, WA 98034. **This is our last Dinner Social for the year, so let's get as many of you out there for this one.** You can check out the menu at: www.olivegarden.com

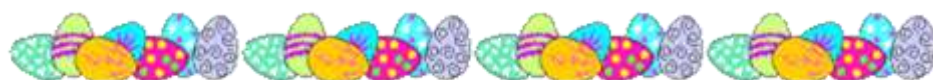
◆ May 7, 2009: Special Ice Cream Social (2008 District Tee Shirt Contest). Location details to follow.

◆ May 9, 2009: PLP. Redmond HS, 1000-1200; afternoon impromptu fun ride.

◆ May 9, 2009: Chapter F - One Craaazy Ride. Flyer attached. **This ride is Chapter F's only fund raiser**, so we may want to show support by participating. Please let me know what your wishes are and we may re-schedule the PLP for another time.

◆ May 14, 2009: Chapter E Ride Social. **Pete's in Carnation.**

◆ May 16, 2009: Chapter E Breakfast & Chapter Meeting. **New location: Denny's Diner, 2233 148TH AVE. N.E. BELLEVUE, WA 98007;** Phone: 425-746-1477 Breakfast begins between 8:00 AM and the meeting starts at 8:30 AM. After meeting activity will be picnic ride route and location details to follow.



An invitation from Rick DeWitt:

"Preston Baptist Church sponsors a Biker Dedication every year. They have a live band, hamburgers and hot dogs. They have about a 10 minute prayer to dedicate all the bikes and riders to a safe riding service. After that everyone kind of mingles and looks at all the bikes, sit around and talk / share experiences. We have bikes come as far away as Everett. Most of the people who come are non church goers. Just a time to eat and talk."



 **When:** Saturday, May 16, 2009 — 11:29-
 1:32 PM 

 **Where:** Under the Preston Bridge on SE
 86th Street 

 **What:** Biker Dedication and **Hamburger &**
 **Hot Dog Burn** 

 **Who:** You, your family, and your bike 

 **More Information:** Call Roy Peacock —
 222-5573 

Music provided by:
Dave Irish Band
beginning at 11:43



GWRRA Washington District Chapter Gathering Sites

4th Saturday	9:00AM	A-Seattle	★ New location Old Country Buffet, 25630 104th Ave. SE, Kent, WA
1st Sunday	9:00 AM	B-Bremerton	Bremerton Eagles, 205 6th St., Bremerton, WA
2nd Saturday	8:00 AM	C-Everett	Petosa's Restaurant, 1216 Broadway, Everett, WA
2nd Sunday	8:30 AM	D-Aberdeen	Duffy's Restaurant, 1605 Simpson Ave, Aberdeen, WA
4th Sunday	8:30 AM	F-Tacoma	Eagles#3563, 22316 Mountain Hwy E, Spanaway, WA
2nd Tuesday	6:30 PM	H-Lynden	Fairway Restaurant, 1726 Front St, Lynden, WA
3rd Sunday	8:30 AM	I-Olympia	JJ's North's Grand Buffet, 2915 Harrison Ave NW Ste 255, Olympia, WA
2nd Saturday	8:00 AM	L-Kennewick	Cousin's Restaurant, 4605 N 68, Pasco, WA
1st Saturday	8:00 AM	M-Yakima	The Branding Iron Restaurant, 61311 Hwy 97, Toppenish, WA
3rd Sunday	8:30 AM	N-Spokane	Golden Corral Restaurant, 7117 N Division, Spokane, Wa
4th Saturday	8:00 AM	O-Port Orchard	Airport Diner, 8803 State Hwy 3 SW, Bremerton National Airport
3rd Saturday	8:00 AM	P-Longview	Izzy's Pizza Bar Three Rivers Mall Complex, Longview, WA
1st Friday	7:00 PM	Q-Puyallup	Hangar Inn, 16919 A Meridian E, Puyallup, WA 261070-01
1st Saturday	8:00 AM	R-Walla Walla	Crossroads Steakhouse, 201 East Rees Rd, Walla Walla
1st Saturday	8:30 AM	V-Auburn	Old Country Buffet, 1816 S. 320th St. Federal Way, WA.
1st Saturday	8:30 AM	X-Vancouver	Billygan's Roadhouse, 13200 NE Hwy 99, Vancouver, WA
2nd Friday	6:30 PM	Y-Enumclaw	Krain Corner Restaurant, 39929 264th SE, Enumclaw, WA
2nd Saturday	5:30 PM	Z-Centralia	Kickstand Restaurant, in Napavine at Exit 71 off I-5, Napavine, WA

Some Useful Gold Wing Links

<http://www.goldwingfacts.com/>

<http://www.aboutmotorcycle.com/>

<http://www.tourkingcovers.com/shop/>

<http://www.msf-usa.org/>

<http://soundrider.com/>

<http://www.wingstuff.com/index.php>

[http://www.goldwing-world.com/
GL1800.htm](http://www.goldwing-world.com/GL1800.htm)

<http://www.gl1800riders.com/>

<http://www.tulsaenterprises.com/1800.html>

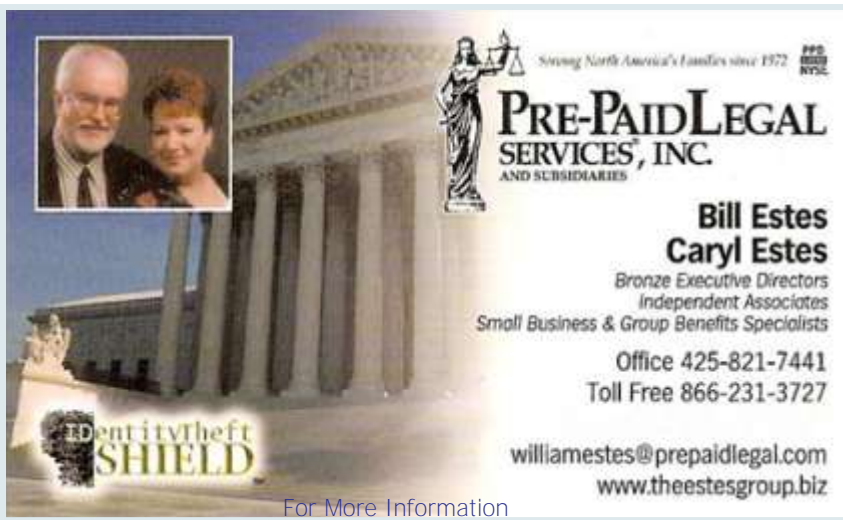
<http://www.ridelikeapro.com/>

<http://www.hondadirectlineusa.com/stores/index.asp?str=4>

http://www.motorbiketoday.com/reviews/Articles/hon_goldwing_04.htm

http://en.wikipedia.org/wiki/Motorcycle_safety





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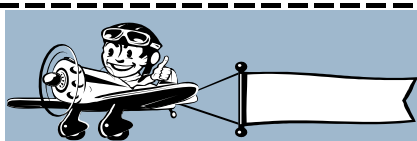
Do you need patches sewn on your vest, shirt or jacket?

Carey Chavez (**Dave & Sheila Chavez's** daughter) can do it! She will sew on both denim and leather at very reasonable prices.

\$3.00 for small patches

\$5.00 for large patches.

Call Carey @ (425) 227-0775



Advertise with us

Corporate: \$100.00 per quarter.

Medium (½ pages): \$50 per quarter.

Small (business card): \$25 per quarter

Rates above are per quarter. All interested companies should inquire with Dave Chavez or John Smith.

Sit & Stitch Quilting

Penny Rosenow
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Fall City, WA 98024
(425) 222-5910



wwwwfpg@comcast.net

Embroidery & Classes

Penny can do T-Shirts, Jackets & Windshield covers. Just send email or call to place order.