

GWRRA Chapter "E" WA

Friends for fun, safety and knowledge

Message from our Chapter Directors:

As I sit here writing my usual message for the month... musing about the year's events so far and contemplating the next ride event, I am reminded of the fall season as I gaze out at the grey rainy skies. Yes, it is a little early to be thinking about the coming fall, since we haven't even started the summer yet for 2008. Unless I missed something, and it has already come and gone (kind of feels that way), the summer is still pending...I think. For right now though it's downright cold out there! So cold that it's hard to stay committed to the passion that we all share...but we have to keep getting out there. Riding and doing the usual "maintenance work" on our friendships – that is what we do. And remember, riding in this type of generally inclement weather requires even more than the usual vigilance that we must maintain.

- ◆ Assume that drivers may not notice you there in the lane right next to them (these skies and rainy days can complicate visibility and easily act to camouflage you).
- ◆ Keep your bike vertical as you glide over the white painted markers on wet roads.
- ◆ And on our group rides, maintain your proper spacing in the group. On wet days, it becomes even more dangerous when a rider is not attentive to his/her spacing intervals and, in effect, spreads the group out...creating an "accordion effect" for him/her and the unlucky riders behind him. Generally speaking, the Ride Leader sets the pace with the group behind him/her at one-second intervals behind the offset bike in front. This means that you should be approximately two seconds behind the bike immediately in front of you.
- ◆ Always ride with "weather appropriate" ride gear.

Bob Reagle presented an excellent Road Captain course earlier this year where he went over many of these principles. Bob has included the course in this newsletter for easy reference. Lastly, please seriously consider participating in the upcoming Washington District Rally in Lynden, Washington July 17-20, 2008. Again, as in every year, we want to "speak well of ourselves" as a Chapter by participating. If you usually don't participate in the State Rally this might be the year you want to make an exception. We have designed a special logo for the event that we will enter in the tee shirt logo contest that best epitomizes this year's theme of "Family Reunion". This shirt will be a sure-fire collector's item. Enough for now...have a great month and "ride often – ride safe".

"Ride Often - Ride Safe",

Dave & Sheila



Gold Wing Road Riders Association:
Big Sky, Region I & WA District



June 2008



Our next meeting is:

Saturday, June 21, 2008

Denny's

at

Canyon Park

22833 Bothell Everett Highway

Breakfast

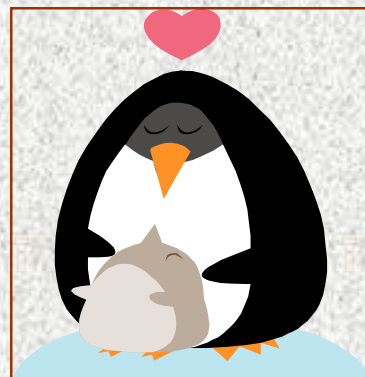
Meeting Hours:

Breakfast at 8:00

Meeting at 8:30



Happy Belated Father's Day!!





GWRRA / NEWS PAGE



What is the benefit of belonging to a "Chapter?"

Many Members feel the Chapter is the single most important benefit of belonging to GWRRA and for many reasons, some of which are stated below.

- ◆ **New Friends:** Countless new friends are made with a common interest. It provides an opportunity to ride our Gold Wings with our friends.
- ◆ **Safe Riding:** Safe riding is promoted to make our riding experience even more enjoyable. Skills and safety techniques are learned.
- ◆ **Friends for Fun, Safety and Knowledge:** You really get an opportunity to live the motto of "Friends for Fun, Safety and Knowledge."
- ◆ When you receive your Wing World magazine, you will find an "Officers Listing" by District with contact information to locate a chapter within riding distance of where you live.
- ◆ The best advice that can be offered is to attend a Chapter meeting (sometimes referred to as a "gathering" or "get-together"). These meetings (normally monthly) basically are social events that try to offer something for everyone. New ideas are always welcome!
- ◆ You don't "join" a Chapter; you are a Member of GWRRA and a "participant" of a Chapter or Chapters. You can participate in as many or as few activities and meetings as you wish! There are no applications or fees needed to participate in a GWRRA Chapter. With over 900 chapters, when you travel you're never far from "home."

What is a Charity or Toy Run?

You'll find people in this Association to be a lot like you – they have big hearts and like to help the less fortunate. Many times a "Charity" or "Toy Run" is held where you will meet at a pre-arranged point with a new/stuffed toy. With the assistance of local law enforcement you will be "escorted" to a children's hospital or ward to deliver your toys to children with critical and even terminal illness. Visits are also made to nursing homes, homeless shelters, etc., to share some joy and happiness.

What to do something different, like start a ride from someplace else and ride home?

JC Motors Transport

Whether you are moving or you simply want to make traveling with your motorcycle easier, JC Motors Transport is the right choice for your motorcycle shipping needs. JC Motors Transport offers Members of GWRRA a discount and has the best motorcycle shipping package on the market. Visit them at www.motorcycleshippers.com for pricing and details.

Wing Ding 30 Greenville, SC

GWRRA's National Convention is heading back to Greenville, South Carolina, July 3-6, 2008. Any Chapter E members attending please let us know; Roy would like names and cell phone numbers for contact purposes.

GWRRRA / NEWS CONTINUED



Save the Date: Ride For Kids afternoon at the Everett AquaSox baseball game!

Join us Sunday, **August 10th** at the Everett AquaSox game for a time of fun and a chance to raise money for Ride for Kids and the Pediatric Brain Tumor Foundation (www.rideforkids.org). For each ticket sold, Ride For Kids will receive a portion of the proceeds. Game time will be at **1:05 p.m.**; cost is \$9.00/person. Order form link: www.gwrra-wae.org/Flyers/2008AquaSox.pdf

NEW PASSPORT REQUIREMENTS IN EFFECT



Travelers in and out of the U.S should take note that on January 23, 2007, the first phase of the Western Hemisphere Travel Initiative (WHTI) went into effect. This phase of the U.S. initiative requires that all travelers entering the United States by air from within the western hemisphere must carry a valid passport. Travelers may also use their NEXUS Air membership as a valid document when flying to the U.S. from Vancouver International Airport.

This phase of the WHTI does not affect travel into the U.S. by land or sea. Birth certificates and drivers' licenses can still be used at the borders.

The second phase of the WHTI will go into effect on **June 1, 2009**. This phase will include travel to the U.S. by all modes, including air, land, and sea. If certain criteria are met by the U.S. Secretaries of State and Homeland Security, this second phase could go into effect sooner.

For more information, log on to www.dhs.gov or www.cbsa.gc.ca.

Cooling Down In Very Hot Weather

Evaporation is everything

By: James R. Davis

Riding when the temperature is well in excess of 90 degrees can be dangerous to your health. Unless you take care to keep your body temperature under control even rides as short as an hour can result in heat-prostration or even sun-stroke.

Many riders know that if you keep your neck cool, because the large veins that feed your brain are so close to the surface, you greatly diminish these health risks. There are two very popular devices that are simple and effective in this regard.

One is called a 'cool collar' and is made from a tube of bandana material that contains some water absorbing beads sewn into it. The beads increase in size about 50 TIMES over when they are dry. Thus, when dry, these collars store easily and take up very little room. But getting them wet is not as easy as it sounds. That is, you have to take a dry collar and submerge it in water for up to 1 hour before it has absorbed all the water it can. That hour is often not available to you when you need it.

The reason the collar works to cool you off is that it takes even longer for the beads to dry out than it did to get them wet. That is, water will evaporate from them over a several hour period. Any evaporation activity cools - but only marginally so from the wearer's point of view. That is, within half an hour of putting one of these collars around your neck, even if it had been in a freezer before you put it on, the collar will be very nearly at the temperature of the air around it.

Far better than these 'cool collars', I have found, is the original design of them (sometimes called 'Kool Kollars'). These are usually made of terry-cloth sewn together in such a way as to contain a pocket into which a zip-lock bag is placed. These are filled with ice! This type of collar REALLY cools your neck as the ice melts, AND they drip cool water. That dripping leaves the front and back of your shirt sopping wet over time which provides a huge source of evaporation - i.e., it helps to COOL!

At every pit stop you make you can refill the 'Kollar' with ice (just pour in a glass of ice water, ice and all).

The bead filled collar cannot be rapidly cooled again once it has gotten warm. Thus, you usually find that people that use them have two - one of which is always sitting in an ice-chest.

One more way to handle high heat - those of you that wear skull-caps (helmet liners) can simply saturate them with water before putting them on. This works very well indeed, for about half an hour.

Further, of course, simply pouring water on your shirt helps a great deal - again, because it provides a huge area over which evaporation takes place.

While on the subject let me remind you that your wet shirt is not the only large area that evaporates - all of your exposed skin does the same. Thus, you NEED to DRINK lots of fluids too!!!

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<http://www.msrgroup.org>

Bob's Omak Loop June 2008

By Karla Edwards

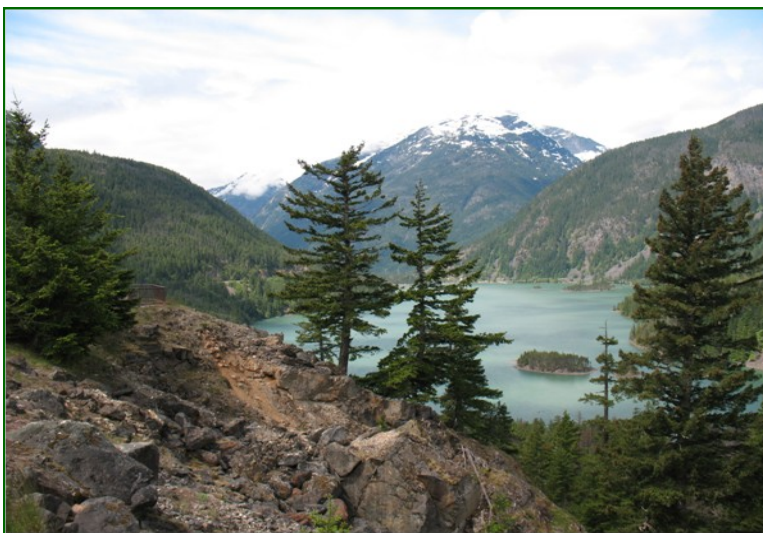


Fantastic is the work that I would use to describe the weekend. One of the things that originally attracted me to Chapter E is our diversity. Chapter E has diversity in not only our riding styles, whether it is destination riding or group riding, as well as the bikes that we choose to ride. This weekend our ride included 3 sport bikes, 6 Goldwings, 1 Goldwing Trike, 1 Honda Magna, 1 Suzuki Volusia, 1 Harley, 1 Honda ST1300, 2 BMW's, and 1 Subaru wagon.

Our route on Day 1 (for some)...Bothell to HWY 2 to Leavenworth through East Wenatchee to HWY 28 to Quincy through Ephrata to Hwy 17 through Soap Lake to Dry Falls visitor center for a picnic lunch. We were then off to Coulee City to the Coulee Dam, through Nespelem on HWY 155 getting to our destination Omak.

Our route on Day 2 (for some)...Omak to Hwy 20 through Loup Loup pass with a stop in Winthrop, through the Beautiful North Cascade Hwy with a stop in Darrington and on to home.

This was a destination ride and there were many variations including an overnight in what sounded like a beautiful little Inn in Soap Lake from Rick and Sue on Friday night, Leah and David opted to do the originally planned route going over the North Cascade Highway on Day 1 and day 2 with a breakfast stop at one of my favorites, Campbell's resort at Lake Chelan. The rest of the group decided to reverse the route to minimize the amount of precipitation, and Kelsey (Leah's daughter with the Subaru...excellent for beer run's, happens to live in Omak and met us there).



Bob's Omak Loop June 2008 continued

Some interesting Factoids about our route:

- Leavenworth is named after Colonel Leavenworth (1783-1834). In 1890 the town was built on Icicle Flats and the end of the century the town was booming with the help of the Great Northern railway. In the 1960's the Sawmill and logging industry eventually nearly brought the small town to its death until the community came together with a plan to change the face of Leavenworth with an idea to increase tourism and convert the town to the Bavarian Village that we appreciate today.
- Dry Falls was thought to be one of the greatest waterfalls in the world being 10 times the size of Niagara Falls.
- Soap Lake is a mineral lake said to have healing properties for a number of diseases and they are installing a 52,000 pound Lava Lamp in their Times Square to help increase tourism.



- The Grand Coulee Dam is the largest electric power producing facility and the largest concrete structure in the United States. It is the fourth largest producer of hydroelectricity in the world. There is enough concrete to build a 4' wide by 4" deep sidewalk twice around the equator.
- Since 1935 Omak has hosted the world famous Suicide Race. This race is held every year during the second week of August and is a major part of the Omak Stampede. Over a dozen horses and riders race down Suicide Hill which is a 225 foot slope at a steep of a 62 degree angle to the Okanogan River.

The North Cascade's National Park had 318 glaciers which is the most of any park in the lower 48. Over the past 28 years, the glaciers in the park have significantly retreated and even melted away. The uniquely-colored waters of Diablo Lake are due to the high concentration of glaciers upstream that grind rock into a fine powder and when the light reflects off the rock particles it causes the intense turquoise lake color.

This was a Fantastic ride and warrant's a redo year after year. Thank you all who were not scared off by the weather forecast and ultimately rewarded by sunny weather east of the mountains. The weekend proved to be another memorable weekend with Chapter E and I look forward to our next Destination together.



Take a look at some of the other pictures from this ride at:

<http://www.gwrra-wae.org/Photos.html> (All photo's)

http://www.gwrra-wae.org/PhotoGallery/2008_Omak_Loop/index.html (direct)

Rider Education



Riding Tips and Techniques

Over the last several months, my monthly messages have concentrated on what you as a sole rider can do to get ready to ride and to ride safely. However, as the weather warms up and you get more opportunities to go on group rides with the chapter and your friends, I thought it would be a good opportunity to go over some basic rules and tips to make group riding more fun and safe.

I also thought I would change it up by providing you with a presentation instead of the "normal" article format. I hope it makes my message clearer. Please let me know what you think.

Ride safe and ride well,

Bob Reagle, Chapter E Educator



Chapter E Group Riding Guidelines



Rider Education

Continued

Definitions:

- ◆ Lead --The Road Captain who is in the first position in the group of bikes
- ◆ Drag (aka Tail Gunner) --The Road Captain who is the last position in the group of bikes
- ◆ Trip Coordinator (Ride Director)--The person responsible for setting up the ride

Rider Responsibilities

- √ Show up on time
- √ Have a full tank of fuel
- √ Have a well maintained bike
- √ Perform T-CLOCK before the ride
- √ Be mentally and physically prepared to ride

Bike Placement

- ◆ Three to five bikes per group is ideal
- ◆ Bikes with no CBs placed between bikes with CBs
- ◆ Trikes in front of Drag (they can stop more quickly than standard motorcycles) or can be assigned Drag

Hand Signals

- ◆ Process
 - Lead Initiates
 - Riders pass signal back in formation order
 - Any rider can (and should be able to) ID a hazard

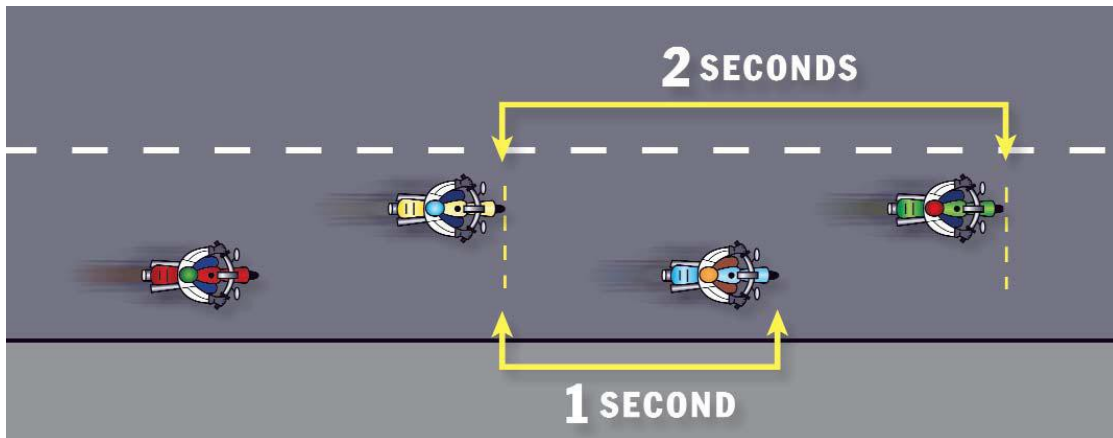
😊 **Please note: whether riders have radios or not, they must know the hand signals for Single File, Staggered File and Hazard**



Rider Education Continued

Formation Riding

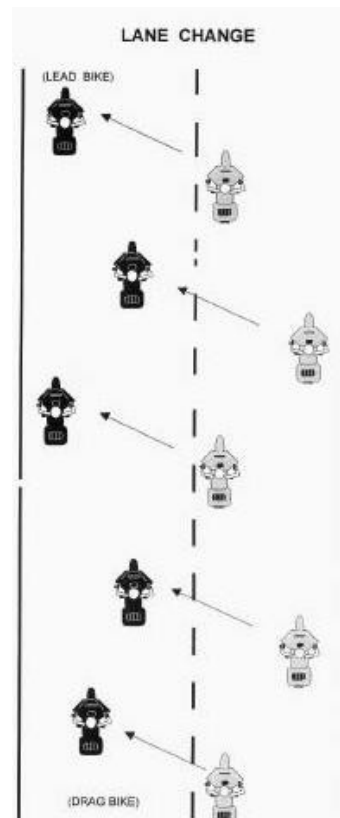
- ◆ Ride in staggered unless directed by Lead
 - One Second **between** bikes
 - Two Seconds **behind** bikes
 - Reduces the accordion effect
- ◆ Listen/watch for commands that change the formation
- ◆ Maintain proper position



😊 Please note the gap increases to four seconds during inclement weather

Lane Change

- ◆ Pay attention to commands and signals
- ◆ Change lanes only when the command is given.



Rider Education

Continued

Passing

- ◆ Listen for Lead direction
- ◆ Pass one at a time in group order sequence **at your own** discretion and when it is safe
- ◆ Reform in formation after pass
- ◆ Leave enough room behind you for the next rider to pass safely



Rider Education



Chapter E Library

- ◆ Book: Street Strategies by David L. Hough
- ◆ VHS: Co-Rider from GWRRA (2002)
- ◆ VHS: Part 1: Helmet Effectiveness (Hurt Report)
- ◆ VHS: GWRRA & Safeco present Touring & Braking / Trailing (1996) Foundation)
- ◆ VHS: Basic Maintenance of the 1500 Goldwing with Andy MacDonald October 2001
- ◆ VHS: Advanced Maintenance for the 1500 Goldwing with Andrew MacDonald
- ◆ Report: Impaired Motorcycle Riding: What Motorcyclists Think About Alcohol and Motorcycling, February 2001
- ◆ Book: Proficient Motorcycling by David L. Hough
- ◆ VHS: Gary Sanford's Slow Speed Cycling Seminar
- ◆ Part 2: Co-Rider from GWRRA (Pre-2002)
- ◆ VHS: Buying Motorcycle Helmets (Snell Memorial Foundation)
- ◆ Report: Fatal Single Vehicle Motorcycle Crashes, October 2001
- ◆ Report: Drowsy Driving and Automobile Crashes





GL 1800 Ride Off Stand

Excellent condition; replaces the stock in minutes.

original cost \$169.99 Interested call

Bill Estes at 866.231.3727

Message from Sheila Chavez, Chapter E Newsletter Editor:

Chapter E Members please remember this is your newsletter.

- * If you have stories, articles and pictures you would like to add to the monthly newsletter, please send to me.
- * If you have things to sell, please send me the information you want on the ad and a picture of item if possible.

Special Thank You's to the following:

- ☺ Karla Edwards for writing this month's article for Bob's Loop Ride, wonderful pictures too.
- ☺ John Smith for adding pictures to the web and a picture web link for Karla's article.
- ☺ Ron Peck for sending wonderful pictures of the ride for Karla's article.
- ☺ Barb Smith for the Chocolate Sings story.



FACTOIDS & FUNNIES



**"A Compendium of Facts & Information That Will Astound and Amaze You"
(or at least some miscellaneous stuff that might be fun to know or get you to laugh)**

And for the golfers in our midst, a new book on how yo improve your game:

HOW TO IMPROVE YOUR GOLF GAME

By Ben Hogey

- Chapter 1** - How to Properly Line Up Your Fourth Putt
- Chapter 2** - How to Hit a Nike from the Rough When You Hit a Titleist from the Tee
- Chapter 3** - How to Avoid the Water When You Lie 8 in a Bunker
- Chapter 4** - How to Get More Distance Off the Shank
- Chapter 5** - When to Give the Marshal the Finger
- Chapter 6** - Using Your Shadow on the Greens to Maximize Earnings
- Chapter 7** - Crying and How to Handle it
- Chapter 8** - Proper Excuses for Drinking Beer Before 10 a.m.
- Chapter 9** - How to Rationalize a 6-Hour Round
- Chapter 10** - How to Find That Ball That Everyone Else Saw Go in the Water
- Chapter 11** - Why Your Spouse Doesn't Care That You Birdied the 5th
- Chapter 12** - How to Let a Foursome Play Through Your Twosome
- Chapter 13** - How to Relax When You Are Hitting Three off the Tee
- Chapter 14** - When to Suggest Major Swing Corrections to Your Opponent
- Chapter 15** - God and the Meaning of the Birdie-to-Bogey Three Putt
- Chapter 16** - When to Re-grip Your Ball Retriever

- ☺ An elderly couple had dinner at another couple's house, and after eating, the wives left the table and went into the kitchen. The two gentlemen were talking, and one said, "Last night we went out to a new restaurant and it was really great. I would recommend it very highly." Is that so, said the other man, "What is the name of the restaurant?"
The first man thought and thought and finally said, "What is the name of that flower you give to some-one you love?"
You know... The one that's red and has thorns." "Do you mean a rose?", said the second man.
"Yes, that's the one," replied the first man. He then turned towards the kitchen and yelled, "Rose, what's the name of that restaurant we went to last night?"
- ☺ Morris, an 82 year-old man, went to the doctor to get a physical.
A few days later, the doctor saw Morris walking down the street with a gorgeous young woman on his arm. A couple of days later, the doctor spoke to Morris and said, "You're really doing great, aren't you?"
Morris replied, "Just doing what you said, Doc: 'Get a hot mamma and be cheerful.'"
The doctor said, "I didn't say that. I said, 'you've got a heart murmur; be careful.'"
- ☺ A little old man shuffled slowly into an ice cream parlor and pulled himself slowly, painfully, up onto a stool.. After catching his breath, he ordered a banana split.
The waitress asked kindly, "Crushed nuts?"
"No," he replied, "Arthritis."
- ☺ Three old guys are out walking. First one says, "Windy, isn't it?"
Second one says, "No, it's Thursday!"
Third one says, "So am I. Let's go get a beer."

FACTOIDS & FUNNIES *continued*

FUN FACTS ABOUT THE STATE OF WASHINGTON

- 1.) It is America's coffee capital, with more coffee bean roasters per capita than any other state.
- 2.) 'The Wave', a popular fan cheer for the past 25 years, was started by Husky fans at the University of Washington.
- 3.) The state is the nation's largest exporter, representing \$34 billion and 5 percent of all U.S. exports: forest products, aerospace products, apples, tulips, hops, mint, wheat and several other quality food products.
- 4.) Leading innovators -- Microsoft's Bill Gates and Paul Allen, Starbucks' Howard Schultz, wireless pioneers the McCaw family, and the Boeing family -- live in Washington State.
- 5.) Grand Coulee Dam, the largest concrete structure in North America, is in Washington State.
- 6.) Washington's residents are educated; it's the state with most residents holding high school diplomas. Seattle leads the country in residents with more college degrees per capita.
- 7.) Father's Day was founded here in 1910.
- 8.) The state is home to the world's largest private car collection featuring over 3,000 vehicles.
- 9.) Washington is home to the largest land mollusk in North America, a foraging banana slug that grows up to 9 inches long.
- 10.) Washington, the 42nd state in the union, is the only state named for a president.
- 11.) Seattle gets less rainfall annually than Atlanta, Boston, New York, Houston, New Orleans, Philadelphia, Washington D.C. and Miami, with 37 inches.
- 12.) Seattle has the highest concentration of aerospace jobs in the world, led by Boeing's 50,000 workers.
- 13.) Petrified wood is the state's gem, and there's a petrified forest here that's considered the most unusual fossil forest in the world.
- 14.) Washington State defines innovation. Some of the leading employers include Microsoft, Amazon.Com, Nordstrom, Boeing, Costco and Starbucks.
- 15.) Washington has hosted the World's Fair twice: 1962 in Seattle and 1974 in Spokane.
- 16.) Washington produces 70 percent of the nation's hops used to brew beer. Coincidentally, to overcome beer breath, the majority of the nation's mint is also grown in the state.
- 17.) The longest accessible beach in the U.S. is in Washington, the 28-mile-long stretch aptly named Long Beach.
- 18.) Washington is a leader in health sciences research; it ranks tops in scientists and engineers as a percentage of workforce.
- 19.) 'Tales from the Far Side' cartoonist Gary Larson is a Washington native and still lives in the Seattle area.
- 20.) Washington has the largest ferry system in the nation -- 26 million passengers travel by ferry each year.
- 21.) It is America's raspberry capital, harvesting more than 57 million pounds of raspberries each year.
- 22.) Washington is the country's second largest producer of wine, with its more than 350 wineries gaining international attention.
- 23.) More people in Seattle commute to work on bicycles than any other city nationwide.
- 24.) Washington's Hells Canyon is the deepest River Gorge in North America, deeper than the Grand Canyon at over 5,500 feet deep.
- 25.) One in every six Washingtonians owns a boat in this state where recreational and the commercial boating industry leads the country.
- 26.) Kennewick Man, a 9,000-year-old skeleton, the oldest ever discovered in the Americas, was found in Washington in 1996.
- 27.) The first revolving restaurant in the continental U.S. was built in Seattle's Space Needle for the 1962 World's Fair.
- 28.) The cleanest air in the nation is found in a Washington community, Bellingham, according to the EPA and American Lung Association.
- 29.) Washington's cows produce more milk per cow than any other state, totaling 1.3 billion pounds of milk each year.
- 30.) Seattle's world-famous glass artist Dale Chihuly has put Washington on the international map, second only to Venice in number and skill of glassblowing artists.
- 31.) Washington is the nation's top apple producing state, with 10-12 billion apples handpicked annually.
- 32.) Seattle sells more sunglasses per capita than any other major city in the nation

Chapter E Ride/Activities Calendar

June

- 5 Chapter E– Ice Cream Social
- 7 Chapter E– Bob’s Omak Loop(1 night)
- 12 Chapter E– Ice Cream Social
- 14 Chapter E– PLP Parking Lot Practice
- 19 Chapter E– Ice Cream Social
- 21-22 Chapter E Meeting-Hurricane Ridge/Rain Forest(1 night)
- 26 Chapter E-Ice Cream Social
- 28 Chapter E– Impromptu Ride

July

- 3 Chapter E Ice Cream Social
- 5 Chapter E Picnic at the Gustin’s
- 10 Chapter E Ice Cream Social
- 12 Chapter E Crystal Mountain Rid
- 17-20 Washington District Rally-Lyndon
- 24 Chapter E Ice Cream Social
- 26 Chapter E—Open Impromptu Ride
- 31 Chapter E Ice Cream Social



GWRRA Washington District Chapter Gathering Sites

<u>Day</u>	<u>Time</u>	<u>Chapter</u>	<u>Location</u>
4th Saturday	9:00AM	A-Seattle	RMC- Full Throttle Café, 3701 E. Valley RD, Renton WA
1st Sunday	9:00 AM	B-Bremerton	Bremerton Eagles, 205 6th St., Bremerton, WA
2nd Saturday	8:00 AM	C-Everett	Petosa's Restaurant, 2121 Broadway, Everett, WA
2nd Sunday	8:30 AM	D-Aberdeen	1605 Simpson Ave, Aberdeen, WA
4th Sunday	8:30 AM	F-Tacoma	Eagles#3563, 22316 Mountain Hwy E, Spanaway, WA
3rd Saturday	8:30 AM	G-Gig Harbor	Cottesmore Café, 2909 14th Ave NW, Gig Harbor, WA
2nd Tuesday	6:30 PM	H-Lynden	Fairway Restaurant, 1726 Front St, Lynden, WA
3rd Sunday	8:30 AM	I-Olympia	JJ's North's Grand Buffet, 2915 Harrison Ave NW Ste 255, Olympia, WA
3rd Saturday	8:30 AM	K-White Salmon	The Charburger, 4100 W Cliff Dr, Hood River, WA
2nd Saturday	8:00 AM	L-Kennewick	Cousin's Restaurant, 4605 N 68, Pasco, WA
1st Saturday	8:00 AM	M-Yakima	The Branding Iron Restaurant, 61311 Hwy 97, Toppenish, WA
3rd Sunday	8:30 AM	N-Spokane	Golden Corral Restaurant, 7117 N Division, Spokane, Wa
4th Saturday	8:00 AM	O-Port Orchard	Airport Diner, 8803 State Hwy 3 SW, Bremerton National Airport
3rd Saturday	8:00 AM	P-Longview	Monticello Hotel, 1405 17th Ave, Longview, WA
1st Friday	7:00 PM	Q-Puyallup	Hangar Inn, 16919 A Meridian E, Puyallup, WA
1st Saturday	8:00 AM	R-Walla Walla	Fountain Restaurant, 190 S Main St, Milton Freewater, OR
3rd Thursday	6:30 PM	S-Ephrata	Golden Corral Restaurant, 930 N Stratford Rd, Moses Lake, WA
1st Saturday	8:30 AM	V-Auburn	Old Country Buffet, 1816 S. 320th St. Federal Way, WA.
1st Saturday	8:30 AM	X-Vancouver	Billygan's Roadhouse, 13200 NE Hwy 99, Vancouver, WA
2nd Friday	6:30 PM	Y-Enumclaw	Krain Corner Restaurant, 28818 264th SE, Enumclaw, WA
2nd Saturday	5:30 PM	Z-Centralia	Denny's Restaurant, I-5 Exit 82, Harrison Ave, Centralia, WA

Some Useful Gold Wing Links



<http://www.goldwingfacts.com/>

<http://www.aboutmotorcycle.com/>

<http://www.tourkingcovers.com/shop/>

<http://www.msf-usa.org/>

<http://soundrider.com/>

<http://www.wingstuff.com/index.php>

<http://www.goldwing-world.com/GL1800.htm>

<http://www.gl1800riders.com/>

<http://www.tulsaenterprises.com/1800.html>

<http://www.ridelikeapro.com/>

<http://www.hondadirectlineusa.com/stores/index.asp?str=4>

http://www.motorbiketoday.com/reviews/Articles/hon_goldwing_04.htm

<http://www.legleathers.com/>

What's on the Calendar for June

June 5, 2008: Chapter E Ride Social at Pete's in Carnation.

June 7, 2008: Chapter E participation in the Chapter D Duck Hunt Ride For Chapter E, there will be 2 ride events to choose from. For those members choosing to participate in Chapter D's Duck Hunt, Bob Spencer sent out the information for this weekend ride a couple of weeks ago. Bob included the flyer and information for starting out at the Canyon Park Starbucks at 0700 on June 7th. Chapter members that would like to ride this event, please let me know so I can ensure that we can get a ride group together.

<http://home.comcast.net/~sfretts/registration.html> ; <http://home.comcast.net/~sfretts/special.htm>

June 7 & 8, 2008: Bob's Omak Loop This is the other ride event for this weekend. Scott and Karla's effort in organizing a basic redo of Bob's Omak Loop going over on Saturday June 7th returning on Sunday June 8th got several of us excited about this always fun ride. For those of us who went a few years back it was a total blast going over on Hwy 20 with a quick stop in Winthrop then through Loup Loup pass to the Rode Way Inn and Suites (509.826.0400). On Sunday a planned stop in Chelan for some amazing breakfast at the Cambel's Resort on the lake, quick stop in Leavenworth and then home. This will be a two approach ride i.e., DESTINATION ride with an initial hook up with Scott and Karla at the Starbucks at Canyon Park at 8 am, or a Chapter group ride to meet Bob & Patty also at 8 am. Unless you plan on participating in the Duck Hunt, don't miss out on this great ride!

June 7, 2008: 2nd Annual Big Rock Classic Car Show at the Rock 0900 to 1400, 14020 NE Main St., Duvall, WA.; SW corner of the Safeway Parking Lot. *Classic Car, Truck, and Harley Show and Shine*

June 12, 2008: Chapter E Ride Social at Pete's in Carnation.

June 12-14, 2008: Oregon District Rally *LOCATION:* Crook County Fairgrounds / Prineville, OR; *COST:* \$25.pp till May15 - \$30.pp after - *CAMPING:* Tent \$15.pn / RV \$21. Pn; Reg. Forms on Oregon Dist. Web Site --- ARC Course & Trike Course (\$20.) 1st Aid/CPR (\$20.)

June 19-21, 2008: Wyoming District Rally *LOCATION:* Headquarters at the Senior Center, New Castle, WY ; *COST:* \$15.pp till June 1 After that will be \$27.pp - Motels and RV camping near by. Information and registration form is on WY Dist. Web Site.

June 21, 2008: Chapter E Breakfast and Meeting, Canyon Park Denny's, Bothell, WA. Breakfast gathering at 800 AM; meeting at 815 AM. After meeting activity is a ride to "Hurricane Ridge" and an 'overnighter' to the Rain Forest, including an overnight stay Saturday night at the Forks Motel. Any interested members can join us for the day ride to "Hurricane Ridge". **7 rooms have been reserved and confirmed for the overnight stay: Chavez', Smith's, Spencer's, Edwards', Bob Reagle, Ron Peck & Rick DeWitt.**

June 26, 2008: Chapter E Ride Social at Pete's in Carnation.

June 28, 2008: Chapter E Impromptu Ride Opportunity.

♦ Special Message for the Washington District Rally, July 17-20, 2008:

The State Rally is just around the corner everyone and it's time to get cranked up excited! Unfortunately, Hotel accommodations for the District Rally in Lynden at the Homestead Farms Resort are no longer available. Also, the hotel is booked to capacity for the entire weekend period. So, unless you have already booked your room, it's too late for this hotel. However, camping may still be an option for you. For Campers the cost is \$15/night on the Rally Registration form/flyer. While the cost is just a little higher, with May as the last month for the reduced registration fee for the rally, you still need to think about joining your fellow Chapter E members. With the Tee Shirt Logo contest one of the featured events, this is one State Rally you do not want to miss! The Tee Shirt sign up sheet has been completed and Tee shirts have been ordered.

<http://www.gwrra-wa.org/Flyers/DistrictRally2008.pdf>



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Jimm Burke—Jim Pelican

Mileage Coordinators

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Patty Spencer

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Together, we
can make
a difference!



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☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆
☆ Congratulations to our ☆
☆ own Patty Spencer for ☆
☆ becoming a Lady Rider! ☆
☆ Yeah, you go girl! ☆
☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

CHOCOLATE SINGS, from Barb Smith

One day I had a date for lunch with friends. Mae, a little old "blue hair" about 80 years old, came along with them---all in all, a pleasant bunch. When the menus were presented, we ordered salads, sandwiches, and soups, except for Mae who said, "Ice Cream, please, Two scoops, chocolate."

I wasn't sure my ears heard right, and the others were aghast. "Along with heated apple pie," Mae added, completely unabashed. We tried to act quite nonchalant, as if people did this all the time. But when our orders were brought out, I didn't enjoy mine. I couldn't take my eyes off Mae as her pie a-la-mode went down. The other ladies showed dismay. They ate their lunches silently and frowned.

The next time I went out to eat, I called and invited Mae. I lunched on white meat tuna. She ordered a parfait. I smiled.. She asked if she amused me. I answered, "Yes, you do, but also you confuse me. How come you order rich desserts, while I feel I must be sensible?

She laughed and said, with wanton mirth, "I'm tasting all that's Possible. I try to eat the food I need, and do the things I should. But life's so short, my friend, I hate missing out on something good. This year I realized how old I was. (She grinned) I haven't been this old before."

"So, before I die, I've got to try those things that for years I had ignored. I haven't smelled all the flowers yet. There are too many books I haven't read. There's more fudge sundaes to wolf down and kites to be flown overhead. There are many malls I haven't shopped. I've not laughed at all the jokes. I've missed a lot of Broadway hits and potato chips and cokes.

I want to wade again in water and feel ocean spray on my face. I want to sit in a country church once more and thank God for His grace. I want peanut butter every day spread on my morning toast. I want un-timed long distance calls to the folks I love the most. I haven't cried at all the movies yet, or walked in the morning rain. I need to feel wind in my hair. I want to fall in love again. So, if I choose to have dessert, instead of having dinner, then should I die before night fall, I'd say I died a winner, because I missed out on nothing. I filled my heart's desire. I had that final chocolate mousse before my life expired."

With that, I called the waitress over.. "I've changed my mind," I said. "I want what she is having, only add some more whipped cream!"

Live well, love much & laugh often - Be happy.

Be mindful that happiness isn't based on possessions, power, or prestige, but *on relationships with people we love and respect.*

Remember that while money talks CHOCOLATE SINGS!



Gold Wing Road Riders Association

June 2008

Washington Chapter E– Calendar of Events

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3  Happy Birthday <u>Karen Jamison</u>	4	5	6  Happy Birthday <u>Anna Hersey</u>	7
8	9	10	11  Happy Anniversary Bob & Carolyn Reagle	12	13	14 Happy Birthday Jean Kuper 
15 "Happy Father's Day"	16	17	18	19	20	21
22 Happy Birthday  <u>Marietta DeWitt</u> Happy Anniversary Ron & Lana Jo Peck 	23	24	25	26	27	28
29	30					





Gold Wing Road Riders Association

JULY 2008

Washington Chapter E– Calendar of Events

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 Happy Anniversary Bob & Thess Thurgood	3	4	5
6	7	8	9	10	11	12
13 Happy Anniversary Bruce & Sandy McMahon	14 Happy Anniversary Garney & Gail Arcand	15	16 Happy Birthday Bruce McMahon	17 Happy Birthday Freda Downs	18	19 Happy Birthday LeeAnn Kelly
20	21 Happy Birthday Joe Downs	22	23	24	25	26
27	28	29 Happy Birthday Charlene Lee Thess Thurgood	30	31		


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