



Friends for fun, safety and knowledge



Chapter "E" Bellevue



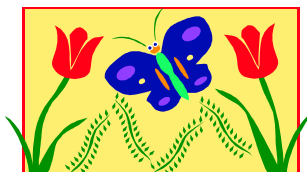
Chapter WA-E Web Address: <http://www.gwrra-wae.org>

Message from your Chapter Directors: Bob & Patty Spencer

As sure as April showers bring May flowers, so does this month bring out all of us motorcyclists. I think of the Chapter "C" Early Spring Fun Run in early April, as the official beginning of our chapter's riding season. From now until September we will all be juggling our time and weekends to fit in as much riding time as possible.

April is also a month that we need to be a little more alert on the road. We have been somewhat out of sight for several months and motorists are not used to seeing us out on the highways. This is a good time to check out some of the education material (books and tapes) from our education library to help sharpen your mental riding skills, reminding you of some of the basics that you may have forgotten over the winter. Some of us are enrolled later this month, in various riding classes offered by district. If you missed out on this first round of seminars don't be discouraged. They are working on new dates and that information will be passed on to you as soon as we have them.

This month is also a good time to dust off the bike and get any needed service done. You don't want any maintenance or breakdown surprises in the middle of our summer riding season. A fun thing to do is to get together with other chapter members and share tips, knowledge and your time helping each other out with small service items such as oil changes, light bulb replacement etc. Just a couple of weekends ago, John Smith, Jim Roberson and Bob Thurgood all came over to the house and we spent the better part of Saturday helping each other out with little things to be fixed on our bikes. It was a fun day and we all accomplished something. Anyway, our riding season is definitely here. Our last dinner social for this season is coming up on the 27th with our first "Ice Cream Social" at the Triple X just around the corner on May 4th. Gentlemen....and ladies, "Start your engines". It's time to ride!!



Bellevue Chapter WA-E Breakfast

Our next meeting is:

Saturday, April 15th

We meet at the Paragon Hotel (old Ramada Inn) on the corner of 112th Ave NE and NE 8th just off 405 in Bellevue

Breakfast/Meeting Hours:

Winter (October – April) 9 am

Dinner Social

Totem Lake
Olive Garden
April 27th @ 6:30 P.M.

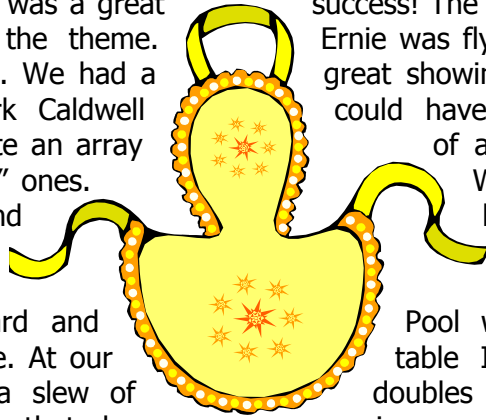
www.olivegarden.com/ourmenus/



March Game Night

By Barb Smith

Once again Chapter E game night was a great "wear your favorite apron" was the theme. and proved to be the perfect host. We had a looked like Cooking Class... Mark Caldwell matching Chef hat. There was quite an array to a couple of shall we say "loose" ones. restaurant wear, cityscapes and



success! The Sigyarito's home was the location and Ernie was flying solo while Sue was out of town great showing and ALL wore aprons! It kind of could have passed for our teacher with his of aprons; from some very pretty ones We saw hot peppers, official hobbies to name a few.

We enjoyed the company of new regulars). Dominoes, Shuffle Board and tables of dominoes playing at once. At our sabotage all of our plans with a slew of all our trains were off the track. Was that glee we food! As always, the food was fantastic. Chili, Salmon and Sausages, wonderful salads, munchies, corn bread and a great selection of deserts. We sure know how to eat!!! our next one. What table are you sitting at, Ernie?

friends (and of course the trusty Pool were the games of choice with 2 table I'm convinced Ernie was trying to doubles and no follow up tiles. At one point saw in your eyes, Ernie? And then there was the It was a fun night and I'm looking forward to

Chapter C Spring Fun Run

By Karen & Jim Roberson

On Saturday, April 8, Bob & Patty, Ernie & Sue, Mark & Laurie, Bob & Thess, John & Barb, Karen & Jim and Bob Reagle met at the Canyon Park Rite Aid for the trip up to Smokey Point and the start of the 2006 Chapter C Spring Fun Run. Jim led the ride up with Bob Thurgood as the tail gunner.

As usual Chapter C had picked a great route for the 166 riders. We left the Smokey Point Cycle Barn just before 9 AM. The directions were clear and we had no "U-turns". We did have one go around the block but the group agreed that it was not a "U-turn". We stopped for lunch in Stanwood at the Hacienda. After lunch we proceeded on the rest of the ride arriving around 2PM at the Camano Island Grange Hall.

Karen & Jim stayed for the awards while the others, fearing rain, headed home. Shortly after 3PM Bert Brown, Chapter C Director started the awards. Of note, the official mileage of the route this year was 116.3 miles. Bert announced that this year they had decided that the winner would be the one who came the closest without going over. That was bad for Bob & Thess who guessed 116.4 but good for Patty who captured the \$20 prize. Bob and Thess did win 2 of the 50/50 prizes, a commemorative plate and a pen and pencil set.

All together it was another great day of riding and camaraderie exemplifying friends for fun safety and knowledge.



What's on the calendar?

APRIL

April 15th - Chapter "E" Breakfast and Meeting - Our after meeting activity will be the Road Captain and Group Riding Course. See next entry below. This is not only for new members, but also would be a good refresher course for the rest of us. **Everyone bring lots of cookies for the rest stop!!!!**

April 15th - Chapter "E" Road Captain and Group Riding Course - This course is exclusively for our chapter. Our Chapter Educators Mark Caldwell and Jim Roberson will be leading this training. This is a great opportunity for our newer members to learn all the ins and outs of group riding the GWRRA and Chapter "E" way. The plan is to hold this training directly after our Chapter breakfast meeting, then go for a ride and practice what we learned.

April 15th - Last day to Pre-register for the Chapter B "Governor's Run" (May 6th and 7th). Pre-registration is \$25.00 per person. On site is \$30.00. They are also offering a \$15.00 day pass for Saturday, if you choose not to ride on Sunday. For more information and the registration form, go to www.governorsrun.net/

April 21st - 24th - Smokey Point Rest Stop - This is our main fund raiser for our chapter funds. Please get involved. **We will need lots of cookies and we still have some open time slots.** Check our web site for the signup sheet and send me an e-mail at bspwae@verizon.net if you want to take an open time slot... Hopefully this will be the last time we have to do this as we are looking at other options to earn money for the chapter.

April 27th - Dinner Social - Totem Lake Olive Garden, 11325 NE 124th St. (One block west of the freeway on NE 124th). 6:30 P.M. This is our last dinner social for this winter so let's have a big turn out! Check out Olive Garden's menu at www.olivegarden.com/ourmenus/ Karla and Leah did an outstanding job this year with their selections and coordination with the restaurants. I vote they stay on for one more year!! Let them know how you feel by e-mailing them. Leah at lfsvr57@aol.com and Karla at [Karla_lee_edwards@hotmail.com](mailto:lee_edwards@hotmail.com)

April 28th - 29th - Washington District "ARC" and "Trike" courses - Buckley WA. - As I understand it the classes for these dates are full. This is only a reminder for those that had signed up and have been confirmed for their respective course. Stay tuned for new dates.

May 6th - 7th - Governors Run - **I would like a count of who is going. Please let me know via e-mail if you plan on going and if you plan on staying over Saturday night.** Here is the hotel information: We have decided to stay at the same hotel as last year, as they are one of the sponsors for the run. It is the "Best Western Bremerton Inn" at 4303 Kitsap Way, Bremerton Wa 98312. Reservations number is 1-800-776-2291 the motel has blocked out rooms under "Gold Wing Road Riders" at a rate of \$71.00 + tax for Saturday night, May 6th. There is a lot going on, Saturday afternoon and evening, so we will organize a ride over on Saturday morning and plan on spending the night Saturday so we are there and ready for the actual ride on Sunday morning. **(Note, Patty and I we will not be signing up for the BBQ on Saturday night. We prefer to eat somewhere else).**



Chapter WA- E 2006 RIDE CALENDAR

April

8 WA-C Early Spring Fun Run
15 Breakfast Meeting 9:00 - Followed by Road Captain/Team Riding Course
21-24 Smokey Point Rest Stop
27 Chapter Dinner Social at the Olive Garden

May

5-7 Governor's Run - Kitsap County Fairgrounds - Overnighter for some
6-7 WA-M Fun Run
18-21 Victoria Days
20 Breakfast Meeting 8:00 (Summer Hours Begin)
26-28 WA-L Desert Spring Fling

June

3-4 WA-R Blue Mountain Run
10-11 Bob's Omak/Chelan Overnighter Loop Ride
17 Breakfast Meeting 8:00 - Followed by NW Trek
18 WA-Z "Porker" run

July

2-6 Wing Ding
8 Vancouver, BC Day Ride
15 Breakfast Meeting 8:00 - followed by Gustin Picnic
20-23 Washington District Rally in Longview
29 Mt. Rainier Ride
30 GWRRA Chapter E Night at the Aqua Sox

August

5-7 Carson Hot Springs double overnighter
12 WA-Y Riddler Run
17-20 Region I Rally in Wyoming
18-20 WA-P Oyster Feed
19 Breakfast Meeting 8:00 - Followed by Music in the Mountains
26-27 Olympic Peninsula Hoh Rainforest Overnighter

Sept

3 Labor Day Picnic
10 Ride for Kids
16 Breakfast meeting 8:00 - Followed by 3-Pass Ride
24 Oyster run in Anacortes

Chapter WA- E 2006 RIDE CALENDAR Cont.

Oct

7 Washington District Leadership Workshop - Moses Lake
21 Breakfast Meeting 9:00 - (Winter Hours Begin)
21-22 South Hill (Puyallup) Mall Show
28 Game Night at Smith's Home - Theme: Halloween

Nov

18 Breakfast Meeting 9:00 - Followed by 2007 Ride Calendar Planning Meeting

Dec

2 WA-E Christmas Part
9 WA-D Festival of Lights
16 Breakfast Meeting 9:00

NOTES

- (1) Rides and activities are subject to change for any number of reasons
- (2) We will continue to add items as they come up.

Thank You.....

to everyone that attended the Ruby's Diner "Fun Raiser" day in support of "Mothers of Multiples". It was a huge success in part due to your participation.

Charlene Lee



Time Share

We have a 4-person occupancy unit at Lake Placid Lodge just a couple minutes out of the main Whistler Village in B.C. The drive up is gorgeous on a bike or any other mode of transportation. There is secured covered parking. It is a SUMMER week (May - Sept.) There are at least 3 major golf courses in the area, miles of hiking/walking trails, mountain biking, trampolines, rock climbing, restaurants galore, entertainment, theatres, etc. Also we have a membership in RCI which allows you to "bank" the week you choose and exchange it for resorts all over the world. We will also include 2 extra weeks that we have already banked (one needs to be used this year and one before the end of next year). We have a lot of information we will give to anyone interested. We would be willing to sell it for \$2,000. It can be passed down to your children, etc. We are willing to discuss this with anyone interested. Just give us a call.

Thanks.

Joe and Freda 360-793-9791

District Rally

GWRRA WASHINGTON DISTRICT

RALLY 2006

Cowlitz County Fair Grounds

JULY 20, 21&22, 2006

1900 7th Avenue

Longview, Washington

THREE RIVERS RENDEZVOUS

We have blocked out 10 rooms at the Best Western "Aladdin Motor Inn" 310 Long Ave in Kelso for July 21st and 22nd. The motel is less than a half mile from the fairgrounds.

If you are going to take one of these rooms, call the toll free number 1-800-764-7378 and tell them you are with "CHAPTER E" of the Gold Wing Road Riders to reserve it. The price is \$65.00 a night. They have a continental breakfast and an indoor pool and jacuzzi.

Rider Education

Time Flies

By Mark Caldwell

Haven't each one of us said something along the lines of, "Boy, time sure flies..."? Well, it's true and it has happened again. Here we are at the beginning of April; winter has come and gone and it seems like it was just a couple of days ago that I was out riding. But was it? Stop for a minute and calculate for yourself, just how long **HAS** it been since you last rode your motorcycle? I mean **really** rode the bike, not just started the motor, or took it for a spin around the block, but you were on it for no less than 30 minutes non-stop. Sure, some of you ride year-round and this doesn't apply to you. But many of us either put the bike away for the winter, or we think we will ride it more but we just never quite get around to it. I'm in that last category. I realized the other day that it has been somewhere around **six months** since I last rode. Ouch!

By the time you read this article, the first big event of the year, Chapter C's Early Spring Fun Run will have come and gone, hopefully without incident. If it has been a long time since you last rode, I strongly encourage you to get out there and **practice**. Yes, PRACTICE. Your safety, the safety of your passenger and of others around you is dependent on your ability to ride without having to think too much about it. And if you haven't ridden in over a month, you have lost your edge. You no longer have the "feel" of your bike. And you are now dangerous. So take the time to get out there and practice in a nice wide open area. Get the feel of the throttle and clutch again. Get the feel of push-steering again. Get the feel of looking in the direction you want to go again. Refresh your instincts so that when the time comes, you make the right moves, ride safe and come back to us again.

Braking

Although motorcycles have sufficient braking power and traction to enable them to stop in as short a distance as a typical automobile, **panic-braking** a motorcycle poses a set of unique hazards that requires greater operating skill of the Rider than stopping an automobile in a similar panic situation or a skid.

The vast majority of motorcycles use an independent system for the front and rear wheels, with a lever on the right handlebar controlling the front brake and foot pedal controlling the rear brake. A small number of motorcycles link the controls and even a smaller number have a handlebar lever to control the rear brake.

Braking seems to be one of the most difficult skills for a motorcyclist to master. It is also one of the most critical. It is difficult because most motorcycles have two different brake-control systems, one for the front wheel and one for the rear wheel. As the front brake is applied, weight transfers to the front tire, which causes available traction to vary as weight shifts (front to rear), requiring the rider to adjust pressure on each brake control in a maximum-performance stop.

As found in the **Hurt Report**, in a panic-braking situation the motorcyclist typically **over brakes** the rear and **under brakes** the front, even though weight transfer means the front brake must do the majority of the braking using all available traction. Over braking can either cause loss of steering control or total loss of control. If the rear wheel locks-up, the rider typically loses directional control. If the front wheel locks-up, the rider is likely to crash due to loss of stability. Failure to brake to use the front and rear brakes effectively and loss of control during panic-braking continue to play a role in motorcycle crashes.

Motorcycle braking systems have steadily improved in terms of power, control, and reliability and will continue to do so.

Two technical developments have sought to simplify braking control and provide more effective braking. **Linked braking** slows both wheels with a single control. **Antilock Braking Systems (ABS)** allow the rider to apply maximum braking force (stomp and steer) without the fear of either wheel locking-up and the resulting loss of control, providing the motorcycle is not leaned over.

Under many different pavement conditions, antilock brake systems allow the rider to stop a motorcycle more rapidly while maintaining steering control even during situations and extreme, **panic-braking**.

Continued rider training courses and practice are the key elements in assuring maximum rider performance in **panic-braking** situations. Rider training courses and practice allows the rider to learn braking control during maximum-braking stops and internalizes the process of a hard stop so they react automatically in a panic situation and can deal with events such as rear-wheel lock-up (do not release the rear brake during a lock-up, could cause high-siding) and front-wheel lock-up (release momentarily and reapply maximum braking for steering control).

To obtain the level of braking proficiency in minimizing the danger of a brake-induced crash requires continual rider training and practice.

Look Beyond Liability-Only Insurance Policies

Insurance policies are not just about crashes and injuries.

A lot of motorcycles and parts off of motorcycles become victims of “sticky-fingered” thieves when they decide what you have are exactly what they want any really don’t care to pay for them. Many motorcycle riders are still surprised to hear they have no insurance for the things that go missing in the night when they telephone in with their “liability-only” insurance policies.

Liability is what the state requires that you have to put a motor vehicle (motorcycle) on the road because they want to know someone will pay the bill for any damage you cause. That’s it. Liability is for things “**you**” do that goes wrong.

What about a passenger; a spouse or other member of your household or other co-rider. It is too late after an Air Evacuation to the nearest hospital and a telephone call to your insurance company to see about medical payments before admittance. You are liable for these medical bills and possibly all lawyer fees.

Liability only insurance won’t cover your stolen motorcycle, your stolen parts, crash damage to your motorcycle, or the tow if you break down or medical payments for a passenger. Those are the “extra” coverage’s you need to add to your basic insurance policy to keep you well covered and keep you rolling along.

Taking the time to review your insurance policy coverage can sure go a long way to take the sting out of a less than favorable riding day.

Trike Training

by Bob Thurgood

On Saturday, April 1, Washington district held another Rider Education event. This time it was a “combined” trike seminar and certification program, held in Buckley. The most interesting of all the challenges was the fact that Dan Klukas, Master Instructor, was certifying four new instructors as well as teaching about a dozen trikers how to manage their weird machines.

It was fun being right in the middle of things, as the instructor trainees took their turns presenting all the various facets of the prescribed course of materials, getting corrected and being embarrassed from time to time, but doing a super job. We now have four new excellent instructors for the trike course: Eric Carlson, WA-I, Eddie Dunn, WA-V, Gary Pavone, WA-H, and Gale Nickel, WA-G.

Included in the student body were Bob and Thess Thurgood, Bill and Barbara Ellis, and several other chapter and district leaders, and all who attended became certified trike riders and co-riders, with cards good for three years..

Bruce McMahill has done a terrific job organizing these seminars. It means a great deal to know that our own people are qualifying themselves to teach us; from the best materials and manuals anywhere, and that what we learn is equal to any rider safety program anywhere else. And these seminars are dirt cheap!

What a fun way to spend a day with friends!

Chapter E Business

Chapter E Birthdays & Anniversaries



Happy Birthday

APRIL, 2006

Mark Caldwell	2
Carl Leon	3
Sandy McMahonill	10
Rick Gustin	13
Christy Gill	21
Laurie Slavin	21
Ernie Sigarto	22
Russell Greaby	23

April Anniversaries

Rick & Susan Gustin 14
 Mark & Laurie Slavin 14
 Dick & Ginny Stryker 30



Cares, Concerns and CELEBRATIONS!!!!

By Ernie Sigarto

We all seem to be pretty well this month, however, Bob S. has been fighting a cold. Along with new work and CD responsibilities, he may not be getting the amount of needed rest, liquids and hand washings that we all know are essential for a healthy strong body. Also, Jim and Karen Roberson have been passing their cold back and forth and it looks like Karen wins the duel by contracting a bad case of Bronchitis. We hear that she's finally on the mends and is going to be ok. We wish everyone well in their quest for that healthy body we all strive for.

Now, so what's with the capitalized CELEBRATIONS with exclamation points above? I sense another wedding, perhaps late summer. Yes, it's true. It all came about at the Columbia winery in Woodinville on their stop of the Spirit of Washington Dinner Train that Tanya treated Mark for his birthday. As has happened with so many couples, Mark was intensely focused in finding just the right spot for that perfect moment. Wandering for that right spot and perfect moment must have seemed like hours to Mark. Once found, Mark surprised Tanya with a Ring. A Ring that cements their commitment to a life long bond filled with happiness and joy. Crowds gathered, birds sang and the engineer blew his steam whistle to commemorate the event. All were jubilant for the opportunity to share in the joy. As we all know, A JOY SHARED IS TWICE THE JOY. So from all of us to this so very special couple, we wish our heartfelt joy and look forward to sharing not only this announcement but the joining and exchanging of their vows.

Chapter E Library

Please contact Mark Caldwell if you are interested in borrowing something for your reading or viewing pleasures.

- Book: Street Strategies by David L. Hough
- Book: Proficient Motorcycling by David L. Hough
- VHS: Co-Rider from GWRRA (2002)
- VHS: Gary Sanford's Slow Speed Cycling Seminar
- VHS: Part 1: Helmet Effectiveness (Hurt Report); Part 2: Co-Rider from GWRRA (Pre-2002)
- VHS: GWRRA & Safeco present Touring & Braking / Trailing (1996)
- VHS: Buying Motorcycle Helmets (Snell Memorial Foundation)
- VHS: Basic Maintenance of the 1500 Goldwing with Andy MacDonald
- VHS: Advanced Maintenance for the 1500 Goldwing with Andrew MacDonald
- Report: Fatal Single Vehicle Motorcycle Crashes, October 2001
- Report: Drowsy Driving and Automobile Crashes
- Report: Impaired Motorcycle Riding: What Motorcyclists Think About Alcohol and Motorcycling, February 2001

Ride for Kids

Raffle Tickets are now on sale now!!!

Three winners will have their choice of:

- 7 nights at "The Torres" in Mazatlan, Mexico,
- 5 nights at the "Pines at Sun River" in Bend, Oregon,
- 5 nights at the "Oasis Resort" in Palm Springs, California. (Lodging only)

Cost is \$10 each, 3 for \$25.00, 7 for \$50 or 15 for \$100.

Contact Dick Stryker (206-947-8766) or
 Steve Lee (206-406-7800) for tickets.



Chapter E Staff

ChapterDirector	Bob & Patty Spencer	425-489-9786(Cell) 206510-5129
Asst. ChapteDirector-1	Barb & John Smith	360-794-0805
AsstChapterDirector-2	Neal & Karen Agachinsky	360-805-4138
Chapter Educator	Mark Caldwell	425-793-0046
Newsletter Editor	Laurie Slavin	425-452-8690
Treasurer	Charlene Lee	425-483-6212
Membership Coordinator	Patty Spencer	425-489-9786
Ride Coordinatø	Jim Pelican	425-348-6640 (Cell) 206-280-6322
	Rodney Townsley	(Cell) 360-428-6786
Store Manager	Laurie & Mark Slavin	425-444-1858
Historian	Rick & Sue Gustin	425-880-4171
COY	Jim & Karen Roberson	425-522-4045
Web Page	Mark Caldwell	425-483-6239
Rest Stop	OPEN	
Mall Show	OPEN	
Dinner Socials	Leah Gray	425-882-3538
	Karla Edwards	425-641-5135
Designer	Penny Rosenow	425-222-5910
Caring Concerns	Ernie & Sue Sigyarto	425-481-1458
Visitations	Mark Caldwell	425-483-6239
Camp Host	Jim Vey	425-883-2523
Lighthouse Photo Tour	Bob and Thess Thurgood	425-485-4416

Region "I" Staff

Region I Directors

Don & Eleanor Beyeler
(208) 680-3822

donbeyeler@cablone.net

WA District Director

Roy & Pearl Mckenzie
(253) 862-0220

rpwngdom@tx3.net

WA Asst. District Director

Lou Murkowski & Nai-Jeannie Busick
(253) 474-6032

1sm@nventure.com

WA Asst. District Director

Loyd & Georgia Finley

WA Rider Education

Bruce & Sandra McMahill
(360) 652-1273

BMcMahWAE@aol.com



Chapter WA-E Member E-Mail Addresses'

Agachinsky, Neal & Karen
Arcand, Garney & Gail
Burk, Jimm & Annette
Caldwell, Mark
Croot, Pete & Jo
Downs, Joe & Freda
Edwards, Scott & Karla
Gray, Leah
Greaby, Russ/Kelly, Leeann
Gustin, Rick & Sue
Gutekunst, Neil
Hall, Russ
Hersey, Anna & Dave
Holter, John
Hopkins, Don & Phyllis
Johnson, Rod & Kathryn
Jones, Jerry & Kathy
Kolbo, Jack & Trisha
Kruize, Darrell & Wanda
Kuper, Jim
Lawrence, Rick
Lee, Steve & Charlene
Leon, Carl
McMahill, Bruce & Sandy
McMahill, Sandy
Myers, Rick & Dori
Pelican, Jim J
Roberson, Jim & Karen
Rosenow, Willie & Penny
Sigyarto, Ernie & Sue
Slavin, Mark
Slavin, Laurie
Smith, Barb
Smith, John & Barb
Spencer, Patty
Spencer, Bob & Patty
Stryker, Dick & Ginny
Taylor, Phil
Thuot, Chuck & Gayle
Thurgood, Bob & Thess
Townasley, Rodney
Vey, Jim
Wartchow, Jim & Carolyn
Zaic, Ed / Jamison, Karen

wa11bk@verizon.net
gga38@aol.com
JIMMBURK@centurytel.net
mark@caldwellhome.net
petecroot@prodigy.net
JoeNFreda@aol.com
novkids@hotmail.com
lfsvr57@aol.com
greabyrule@netzero.com
RSGustin2@msn.com
tazman@infoconex.com
hall31@hotmail.com
adhersey@yahoo.com
jtholter@aol.com
dnp.hopkins@earthlink.net
johnsonskk@msn.com
goldwinger96@yahoo.com
Jackk12@earthlink.net
Wanda_kruize@hotmail.com
kuperj@us.panasonic.com
rick1@st-law.net
dbleshot1@comcast.net
n7kuw@comcast.net
BMcMahWAE@aol.com
Sandyswing@Peoplepc.com
rickamyers@hotmail.com
jlpelican@verizon.net
jhroberson9@earthlink.net
Wfpgr@aol.com
enssigyarto@verizon.net
mark.slavin@comcast.net
lslavin@na.cokecce.com
arabrabsmith@hotmail.com
allabout@gte.net
pattys@javatradingco.com
bspswae@verizon.net
stryker3@earthlink.net
phyberfill@hotmail.com
thuotc@issaquah.wednet.ed
rvt4@comcast.net
heyrodne@webtv.net
jimvey@msn.com
jim@eastsidemarinebrokerage.com
edzaic@msn.com

Web Sites:

Chapter WA-E

<http://www.gwrra-wae.org>

WA-District:

<http://www.gwrra-wa.org>

Region I:

<http://www.BigSkyRegionI.org>

Chapter E Sponsors

T-Mobile
Get more from life®

S & G
Enterprises
Telecom Consultants
Specializing in used equipment

Are you ready to.....
Look, feel and perform better?
From cutting edge diet and nutritional products, to an unlimited part-time business opportunity. Whatever your goals may be, we have a fit for you.



www.advocare.com/05062987
(425) 443-8141

