



Friends for fun, safety and knowledge



Chapter "E" Bellevue

Chapter WA-E Web Address: <http://www.gwrra-wae.org>



Message from your Chapter Directors: Bob & Patty Spencer

As promised, here is our combined February and March newsletter. Initially I thought that there wouldn't be enough going on during the winter months to warrant a monthly newsletter. Boy was I wrong so next month we're back to monthly. We've been so busy that it's been hard to keep up with it all. Just since the first of the year, we've had game nights, meetings, dinner socials, visitations, dances, rides and for Patty and I, a wonderful 10 day vacation. While I'm on that thought, thank you to John and Barb for doing such a great job of leading the February meeting and keeping everyone up to date with the Tuesday e-mails while we were gone. I better be careful.....I'll be out of a position if they continue to do such a good job!

With no letting up in sight, we just returned from a very successful "Surf Watch" weekend and we have lot's coming up as well. This Saturday is our meeting. We have our dinner social next Thursday at the Issaquah Brew House, a game night coming up at the Sigarto's, the Chapter "C" fun run on April 8th and our "Rest Stop" duty on April 21st through the 24th. After that we have every weekend booked well into September.

The New Year has also brought us several new members. The continued success and future of our chapter is dependent of course, on your participation, but just as important is the growth of our membership. New members bring new perspectives, ideas and enthusiasm to our chapter. I have been told by several people from others chapters and organizations that our chapter is very unique in that we all get along so well and have so much fun together. Please extend that attitude and warmth to our new members as well. Stay involved by getting them involved. Join them on a ride, or activity that you may have already done in years past. Your camaraderie and sharing your past experiences will make them feel welcome and give them more confidence to participate more often.

Have fun and stay involved while making new friends and memories! Isn't that really why we're here?

Bellevue Chapter WA-E Breakfast

Our next meeting is:

Saturday, March 18th

We meet at the Paragon Hotel (old Ramada Inn) on the corner of 112th Ave NE and NE 8th just off 405 in Bellevue

Breakfast/Meeting Hours:

Winter (October – April) 9 am

Dinner Social

Issaquah Brew House

<http://www.rogue.com/Menus/Issy.pdf>

March 23, 2006

6:30 PM



January “After Meeting” Activity

January’s after meeting activity was a trip to the new “Future of Flight” facility at Paine Field in Mukilteo. Tickets were \$15.00 per person and that got you into the “Future of Flight” area, which had various interactive displays of jet engines, and various parts and sections of Boeing aircraft. The \$15.00 admission also included a tour to the main building at the Boeing Everett plant where 747’s, 757’s and 767’s are assembled.

The facility, although brand new and beautiful was a let down. The general consensus was that the facility and tour wasn’t worth the \$15.00. There were not enough displays or information in the main building and the Boeing tour was way too short. After the tour, 15 of us split up into two groups, with one group heading for Everett Power Sports to check out new bikes and the other, off to find a place to have a late lunch in the Mukilteo area. As always, we were successful, finding a Greek style pizza and pasta place along the main drag into Mukilteo. After a nice lunch, we all split up and went our different ways.

Chapter F Valentine Dance

By Bob Thurgood



On Saturday, February 11, 2006, Chapter F sponsored their annual Valentine Dance, and this one was special. Thess and I drove in the RV to Longview where our string quartet played for a wedding in the late afternoon, and then we went up to the Allmendinger Center at WSU-Puyallup for the Dinner/Dance. What made this event so nice was that Frank and Diane Taber brought in Glen Butler, a minister, and renewed their wedding vows after 17 years of marriage.

The dinner was just getting underway when we arrived, and it was super - a buffet with many choices - pasta, meatballs, chicken, beef, and salads - everything was delicious!

Another special event was that the Chapter auctioned off a unique football autographed by the following Seahawks players: # 37 Shaun Alexander, # 84 Bobby Engram, # 8 Matt Hasselbeck, # 71 Walter Jones, # 87 Joe Jurevicius, # 54 D. Lewis, # 65 Chris Spencer, # 51

Lofa Tatupu, # 23 Marcus Trufant, and # 98 Grant Wistrom.

The bidding was exciting and nerve-wracking at the same time. Ron Hansen, who works at BMW of Fife, won the football with his bid of \$600.00. He is not a member of GWRRA, but promised me that he wouldn't worry about brand loyalties, and buy a Goldwing. Music for the evening was provided by Diamond Sound, and the gentleman mixed types and styles nicely.

As door prizes, Frank Taber's Precision Cycles offered a complete motorcycle service worth more than \$400, won by our District Couple of the Year, Mark and Lorraine Epperson. One night for two and dinner at Ocean Shores was the other door prize, won by a couple in Chapter F. Ron Hansen won the 50/50, more than \$300, so he got part of his auction money back, and then he promptly won a huge jar of Hershey Kisses for guessing the closest to how many were in the jar. Sheesh. This event is always one of the nicest put on by any of our Washington chapters. The food is always superb; the dancing is great, with the best people in the world for friends!

After a long day, Thess and I stayed there in the RV overnight and came back home Sunday morning. What a great weekend!



By Karen Agachinsky

Wow what a great time! I can think of four "F" words to define the weekend.

"FUN, FRIENDS, FOOD AND FOOLERE"

The weekend began on Friday with many of us showing up early, to start the festivities. We in Chapter "E" got started right away as we checked out all the places we had chosen for our activities, to firm up all the great deals we had worked out. Of course the next thing on the agenda was food. We had a great lunch then headed back to the hotel to set up the hospitality room for the weekend events. Within a short time lots of friends were showing up to check out the schedule for the next day. Before you knew it tables of domino players were enjoying the evening!



Bright and early Saturday we woke up to beautiful sunny skies. We knew then, that we were going to have a lot of the 4 F's going on, as we made our way to breakfast at the "Home Port" for Crab Benedicts or Crab Omelets. Ummm, just thinking about it makes me hungry! With tummies full we hit the go-cart races. We had 5 heats with 5 first place finishers ready to do a run off for the big trophy which would come later that afternoon. Next we were all off to the mopeds. Barb Smith had come up with the idea to have an obstacle course on the beach and with a few helpers put it together. This turned out to be a big hit. Everyone thought they might become another "Evil" believer. After returning their Mopeds some went on to lunch while others made their way to the miniature golf course. This was another fun event and was a bit challenging for some folks, with one in particular, as she put a ball in the parking lot and then lost it in the water later. At that point she called it a day. No names, right Barb? I'm glad she rides better than she golf's!



After golf we hurried back to the go-carts for the final championship heat. You would be surprised to learn how competitive some of our chapter members are. Patty Spencer was a real "go get 'em" girl. She could pass anyone on the course. I wonder if she drives a car as aggressively as she did those go-carts? After the race it was time to head back to the hotel to set up for the big feast. We had lots of lasagna, salads and desserts and desserts and more desserts with the most popular selection being Jim Kuper's cheese cake and Dori Myers' chocolate covered strawberries. It was finally time for the winners of the trophies, the silent auction and the 50/50 winners to be announced. We at Chapter E wanted the go-

cart trophy to go to the person who had to try the hardest to be in first place and that was Kelsie Weyember from Chapter A. If you don't know Kelsie, she is a 13 year old, young lady who is legally blind. She has more moxie than most of us and she drove her own cart in first place the entire heat. She was so excited to get the trophy.

The silent auction was a hit. We had two very special items that two of our very talented members designed, made and donated to the chapter. Karla Edwards made a beautiful pendant that many bid on and fought over and Penny Rosenow made 6 gorgeous placemats with a coffee theme that were also a great hit. We also had many donations given to us from the merchants of Ocean Shores which went on the silent auction or as additional gifts for the 50/50 drawing. To show our appreciation, framed certificates were delivered to each store as a thank you from Chapter E. The big money from the 50/50 was won by Chapter A! It's unsure at this time if Todd was able to keep any of his winnings as Rosa laid claim to it as quickly as possible! All ended too soon on Sunday with comments from all, that suggested this was the best "Surf Watch" ever! Way to go Chapter "E"!!!



Chapter E Member Spotlight

Garney and Gail Arcand

Garney and Gail grew up in Seattle and, although they didn't know it at the time, they only lived about a block away from each other. It wasn't until they were in high school that they became acquainted, after being introduced by a mutual friend. A few years later after Garney finished a tour of duty in the US Army they were married. That was two kids, two grandchildren and 44 years ago.

In 1965 Garney joined the Bellevue Police Department as a patrol officer while Gail's career was a stay at home Mom. After their daughters, Terri and Toni were grown Gail re joined the work force. Employment included McDonalds, the Redmond School District and finally the engineering firm CH2MHill.

Their motorcycle enthusiasm began with a Honda Trail 90 and a Honda 70 on which they loaded a daughter on each when they went on their camping trips. Bouncing along on dirt roads and trails was the start of many years of riding together. In 1978 Garney bought the first Gold Wing, a 1976, but after a year economics required them to sell. In 1987 a new Wineberry Aspencade became part of the family. At that time they joined GWRRA and became involved with Chapter E. This was right at the time many members of GWRRA were becoming disillusioned with the organization and split off and formed GWTA. Not wanting to become embroiled in the politics of the split Garney and Gail chose to stay with GWRRA. A GOOD CHOICE! Garney served as the newsletter editor for several years in the late 80's and early 90's.

After thirty-two years with the Bellevue Police Department and reaching the rank of Deputy Police Chief Garney retired. Gail, having retired a few years before that, and Garney now spend their time enjoying motorcycling on their Illusion Blue '02, traveling in their motor home and enjoying their grandchildren Ryan and Nicole. As Garney puts it, "retirement is like every night is Friday night and every day is Saturday".

Rider Education

Watch out for us!

By Jim Roberson

While thinking about something for the rider education article, I came upon the following short clip from England from the GWRRA national website. Every driver education class should show this (<http://ruiner.pwp.blueyonder.co.uk/howclose.mpg>) to its students and if you have the capability you should view it as well. It is 30 seconds well spent. It shows how much we miss by looking but not seeing. If you do not have the capability to view this short movie clip, it shows a driver looking right, then left then pulling out from a stop into traffic. He does not see the motorcycle coming from his right which unfortunately slams into his door. If you did watch this clip, did you see the motorcycle coming from the right? It was there, but not very big so it was not "seen".

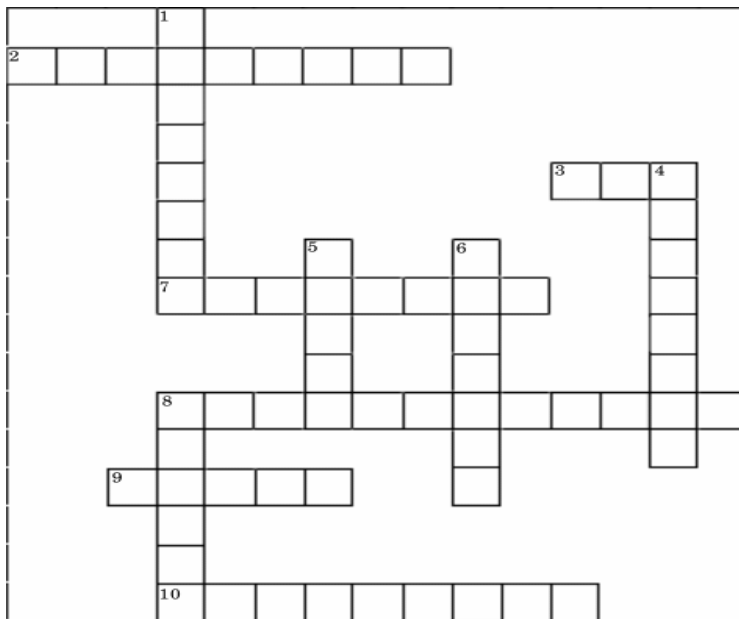
The eyes and brain work together to "see" things, but sometimes those things that are seen are not truly perceived. We as riders of motorcycles need to be especially aware that drivers of cars and trucks may not see us. We can be right there in front of them; even something as big as Gold Wing but they do not "see" us which in some cases leads to an accident. Unfortunately we as motorcyclists usually lose in these situations.

What can we do? To start with we can drive more defensively. We cannot count on the other driver so we have to do double duty and drive our vehicle more carefully. We have to be constantly on the lookout for an alternate path if the need arises to make a split decision. We also must "gear up" to protect our fragile bodies with appropriate riding clothing and a good helmet. We can wear brighter clothes; make use of our lights and reflectors and if possible add more lights and reflective devices to increase visibility.

As the tag line on the clip says, "Take longer to look for bikes. Think!"

Ride Safe!

St Patrick's Day Cross Word

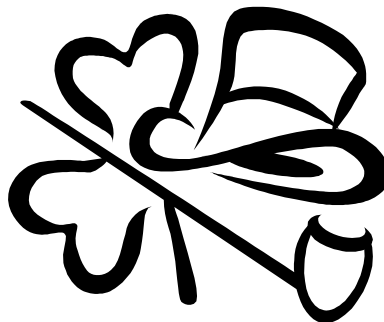


Across

- 2 At the end of a rainbow you find it.
- 3 Irish dance.
- 7 When clover has one more leaf than usual.
- 8 This holiday is named for him.
- 9 Leprechauns are of this family.
- 10 White clover associated with Ireland.

Down

- 1 Meat usually eaten on this holiday.
- 4 What you wish for people.
- 5 Emerald color.
- 6 Famous leafy vegetable eaten on this holiday.
- 8 What was driven out of Ireland in this legend?



What's on the calendar?

MARCH

March 11th - 12th - Surf Watch - We are hosting the Chapter A and E "Surf Watch" at Ocean Shores this year. You don't want to miss out on all the fun this year. There will be beach combing, kite flying, a miniature golf tournament, go carts, mopeds on the beach and lot's of fun and food at the hotel. Our chapter will supply Lasagna, garlic bread and soft drinks and everyone should bring a salad or dessert to share. There is a grocery store a couple blocks from the hotel if you need to buy something there. Make your reservations now! **The flyer is attached above. It is also on our website.**

March 10th-12th - Chapter "D" and "I" Mall Show - This mall show is the same weekend as our Surf Watch and is being held in Aberdeen WA. Perhaps we can stop by and say hello on our way down, or on our way back from Ocean Shores.

March 18th - Chapter "V" St. Paddy's Dance - Being held at the Puyallup Elks Hall, this will be a fun night. They are serving "Irish style "Bread Bowl Stew" and there will be prizes for the best Irish costume. Put on your green and head for Puyallup! For more information and the registration form go to Chapter "V"s website at www.geocities.com/wa_chapter_v/ and click on "St Paddy's Dance".

March 18th - Chapter "E" Meeting - After meeting activity to be announced later. Definitely a ride, weather permitting!

March 23rd - Dinner Social - Our March dinner Social will be at the Issaquah Brew House. 6:30 p.m. Check out their menu at <http://www.rogue.com/Menus/lssy.pdf>

March 25th - Game Night at the Sigyarto's - Starts at 5:00p.m. Theme is "Favorite Apron" night. More info to follow.

Happy 
St. Patrick's Day

Chapter WA- E 2006 RIDE CALENDAR

March

10-12	Surf Watch 2006 at Ocean Shores
18-Jan	Breakfast Meeting 9:00 - Followed by a ride or a Movie Day
23	Chapter Dinner Social at the Issaquah Brew House
25	Game Night at the Sigyarito's - Theme: Favorite Apron

April

8	WA-C Early Spring Fun Run
15	Breakfast Meeting 9:00 - Followed by Road Captain/Team Riding Course
21-24	Smokey Point Rest Stop
27	Chapter Dinner Social at the Olive Garden

May

5-7	Governor's Run - Kitsap County Fairgrounds - Overnighter for some
6-7	WA-M Fun Run
18-21	Victoria Days
20	Breakfast Meeting 8:00 (Summer Hours Begin)
26-28	WA-L Desert Spring Fling

June

3-4	WA-R Blue Mountain Run
10-11	Bob's Omak/Chelan Overnighter Loop Ride
17	Breakfast Meeting 8:00 - Followed by NW Trek
18	WA-Z "Porker" run

July

2-6	Wing Ding
8	Vancouver, BC Day Ride
15	Breakfast Meeting 8:00 - followed by Gustin Picnic
20-23	Washington District Rally in Longview
29	Mt. Rainier Ride
30	GWRRRA Chapter E Night at the Aqua Sox



August	
5-7	Carson Hot Springs double overnighter
12	WA-Y Riddler Run
17-20	Region I Rally in Wyoming
18-20	WA-P Oyster Feed
19	Breakfast Meeting 8:00 - Followed by Music in the Mountains
26-27	Olympic Peninsula Hoh Rainforest Overnighter

Sept	
3	Labor Day Picnic
10	Ride for Kids
16	Breakfast meeting 8:00 - Followed by 3-Pass Ride
24	Oyster run in Anacortes

Oct	
7	Washington District Leadership Workshop - Moses Lake
21	Breakfast Meeting 9:00 - (Winter Hours Begin)
21-22	South Hill (Puyallup) Mall Show
28	Game Night at Smith's Home - Theme: Halloween

Nov	
18	Breakfast Meeting 9:00 - Followed by 2007 Ride Calendar Planning Meeting

Dec	
2	WA-E Christmas Part
9	WA-D Festival of Lights
16	Breakfast Meeting 9:00

NOTES

- (1) Rides and activities are subject to change for any number of reasons
- (2) We will continue to add items as they come up.



Chapter E Business

For Sale

Items for sale due to trike remodel: bike is 1999 Goldwing SE

- One full zipper-back touring cover by Dowco - their Guardian EZ model. Used only 3 or 4 times. Will fit all Goldwings
- 2 standard fork tubes and springs
- original triple clamp (trike conversion installed a 4 1/2 degree rake triple clamp and longer fork tubes)
- two saddlebags, 99 SE red (includes 6-light replacement assemblies)
- rear wheel assembly, includes rotor and new Dunlop Touring Elite III
- saddlebag original side reflector assemblies
- rear center original reflector assembly
- Complete motorcycle trailer hitch assembly with ball, receiver, wiring harness and locking pin
- 2 helmet hangar extenders
- original alternator, replaced at about 7000 miles with Compufire hi-output unit
- 2 rear safety bars - right and left sides - the ones below the passenger
- I have other small items that may be of interest. I need to do some pricing research.

Chapter E Birthdays & Anniversaries

February Birthdays



Bob Thurgood	4
Wanda Kruize	9
Rick Lawrence	25
Annette Burk	27

March Birthdays

Phil Taylor	2
Jim Wartchow	24

March Anniversaries

Steve & Charlene Lee	11
Joe & Freda Downs	20



Chapter E Library

Please contact Mark Caldwell if you are interested in borrowing something for your reading or viewing pleasures.

- Book: Street Strategies by David L. Hough
- Book: Proficient Motorcycling by David L. Hough
- VHS: Co-Rider from GWRRA (2002)
- VHS: Gary Sanford's Slow Speed Cycling Seminar
- VHS: Part 1: Helmet Effectiveness (Hurt Report); Part 2: Co-Rider from GWRRA (Pre-2002)
- VHS: GWRRA & Safeco present Touring & Braking / Trailing (1996)
- VHS: Buying Motorcycle Helmets (Snell Memorial Foundation)
- VHS: Basic Maintenance of the 1500 Goldwing with Andy MacDonald
- VHS: Advanced Maintenance for the 1500 Goldwing with Andrew MacDonald
- Report: Fatal Single Vehicle Motorcycle Crashes, October 2001
- Report: Drowsy Driving and Automobile Crashes
- Report: Impaired Motorcycle Riding: What Motorcyclists Think About Alcohol and Motorcycling, February 2001

Sweet Irish Soda Bread

This recipe is slightly sweet variation on the traditional soda bread, complete with raisins and a touch of molasses. Soda bread is best eaten warm with butter and preserves.

Preparation Time: 15 minutes

Cooking Time: 1 hour

Serves: 8

Ingredients

- 2 cups all purpose flour
- 1 cup whole wheat flour
- 2 tsps. baking soda
- 1 tsp. salt (necessary)
- 1/4 cup unsalted butter, softened
- 1/2 cup light molasses or sorghum
- 1/2 tsp. vanilla extract
- 1 cup raisins
- 2 tsps. caraway seeds
- 1-1/2 cups buttermilk

Instructions

Preheat oven to temperature 350 °F. Butter an 8 inch round baking dish and set aside. Sift first 4 ingredients together in a food processor or bowl. Add butter and process until mixture resembles coarse meal. Add molasses and vanilla and mix thoroughly. Add raisins, caraway and buttermilk and process until mixture is evenly moist. Do not overwork. Transfer dough to a floured work surface. Knead one minute, adding extra flour to keep dough from sticking. Shape into a ball and transfer to buttered baking dish. Cut an X in the top with a sharp knife. Brush top of bread with milk. Bake 1 hour. Transfer to a wire rack to cool completely before slicing.