

"FRIENDS FOR FUN, SAFETY AND KNOWLEDGE"

Chapter "E" Bellevue



April 16th, 2005

Bellevue Chapter WA-E Breakfast / Meeting Social Hours:
Summer (May – September) 8 am -- Winter (October – April) 9 am
We meet at the Ramada Inn on the corner of 112th Ave.
NE and NE 8th just off 405 in Bellevue.

Message from your Chapter Director: **Ernie and Sue Sigyarto**

It's been a busy but fun month as you'll read in this Newsletter. In addition, we had our "We Made it Through Another Winter" party. Although the weather wasn't perfect, we were able to BBQ our selves through a pleasant day visiting our Chapter C and A friends. Special thanks go to Russell and LeeAnn for opening up their home as a perfect setting for the BBQ. And many thanks go to our expert BBQ'ers. It was a fun day.

Before this month is over, we will have officially begun our riding season with our first ride, the "Early Spring Fun Run" put on by Chapter C. We expect to have a large Chapter representation participating.

Last month Sue and I honored our Staff for their support and dedication for the past two years. Other special members will be honored at this Breakfast Meeting Social. Sue and I were honored as well with both humor and sincere appreciation. Our hope is that you view our successes as truly your successes. Nothing we as a Chapter have accomplished could have been done without the Staff and Membership we enjoy. For that we thank YOU. You were much too generous to us. It was great fun sharing the humor. We were particularly surprised at the shower of ping pong balls and the blast of TO DOOT TA DO's. It's always amazing what people remember. We did have fun didn't we? The stay in LaConnor with the massage is an excitement we can barely contain. I've never had a two hour massage. We'll let you know when we plan to go. Perhaps we could wave to you from our balcony. We have tremendously enjoyed the past two years as your CD's and will proudly wear the Former CD patches. We can only begin to express the thanks we feel in our hearts to all of you. Thank you so much for such an honor.

It is now time for new leadership. It seems as though we've known Bob and Patty Spencer forever. Our affection for them is genuine, our respect for them is immense and our eagerness to support them in their style of leadership and direction is an excitement we can only attempt to contain. Like Sue and I, they have no flaws leaving no cause for ridicule or abuse justifying only the highest degree of respectful exchange the

position of CD demands. We are truly honored to have them as our new CD's and will celebrate their installation.

As I've mentioned, last month we honored our Staff. At this meeting social, we will honor those not at the last meeting social. We chose to do the change over that way so that the emphasis on this meeting social can be our new CD's. I will open the meeting social as usual; introduce our guests from the District and other visitors, honor staff members and go over activities we had since our last meeting social. At that point, I will introduce Roy and Pearl McKenzie who will install Bob and Patty Spencer. After Bob and Patty are installed, Sue and I will give them their Chapter Director rocker patches and Sue and I will then take our seats somewhere in the shadows. At that point, we don't have a clue, LET THE FUN BEGIN.

After Chapter Meeting Ride

Our "after meeting ride" for April will take us to the "Bodacious BBQ" restaurant in Granite Falls. Since the ride directly to Granite Falls is fairly short, our "Ride Coordinator Extraordinaire" Jim Pelican, has planned a longer route that will put us into Granite Falls for lunch at about 1:30 p.m. Get your taste buds ready. Our own official, "BBQ Connoisseur", Jim Roberson says "the brisket is some of the best he's ever had."

One other thing worth noting. There are new "HOV" on and off ramps for I-405 in Bellevue. We now can depart from the Ramada and go down to NE 6th and turn left. This will allow us to enter the freeway either north or southbound directly into the "HOV" lane. YEA!! NO MORE SCRAMBLING ACROSS FOUR LANES OF TRAFFIC! We'll talk more about it at the meeting. See you there!

Dinner Social

Our Dinner Social for Thursday, April 21st at 7 pm will be at Chili's in the Crossroads Mall on the corner of 156th and NE 8th in Bellevue.

Staff Members

*Indicates a change
New Staff List to be Announced

CD	Ernie & Sue Sigyarto
ACD	Neal & Karen Agachinsky
Chapter Educator	Mark Caldwell
Newsletter Editor	Patty Spencer
Treasurer	Charlene Lee
Membership Coordinator	Sue Sigyarto
Ride Coordinators	Bob Spencer
	Rodney Townsley
	Jim Pelican

Store Manager	Neal Gutekunst
Historian	Rick & Sue Gustin
COY	Jim & Karen Roberson
Web Page	John Smith
Rest Stop	Bob Spencer
Mall Show	Bob Spencer
Dinner Socials	Leah Gray
	Karla Edwards
Designer	Penny Rosenow
Caring Concerns	Karen Agachinsky
Visitations	Mark Caldwell
Camp Host	Jim Vey
Lighthouse Photo Tour	Bob and Thess Thurgood

Rider Educator

Safety is All in the Mind

By Mark Caldwell, Chapter Educator

Your safety while riding is really all in your mind. Oh, sure, there are things that you can do to impair your safety physically, but it really starts in the mind.

Everyone would agree that your chances of surviving an incident are greater if you are wearing proper riding gear. But why do or don't you wear it? Because of what you value and think about. If you think your safety is important, you tend to wear more gear and ride safer. On the other hand, perhaps you're the rider in denial: "It'll never happen to me." But if that's you, you probably aren't even reading my articles. Or perhaps you have convinced yourself that safe clothing is uncomfortable. If so, you obviously haven't tried very hard to find proper fitting riding gear in this modern age. Don't wear Big Joe's hand-me-down that is 20 years old and never even fit him properly. Go get yourself some current, properly fitted riding gear.

"What about physical impairments," you ask. You mean like alcohol? Well it was your mind that made the decision to drink and ride. My brother and I have a pact to follow the airline pilots' rule of thumb: 8 hours from bottle to throttle. You can make your own decisions on the subject, but it's still **your** decision to make. And fatigue? Same thing. It's your decision whether to get on the bike and ride in the condition you're in. It's your mind that is in charge.

But the area that has tripped me up the most and I continue to work on is what David Hough, in his book *More Proficient Motorcycling*, calls Wimp-O-Phobia. It's that male-ego response to another rider or vehicle where we push ourselves and our bikes to their outer limits. You know, like when you fall behind your group and you decide to whip around a couple of cars at high speed to catch up. I'm guilty of doing that. I even bragged a couple of times about how I pulled it off before I realized what a stupid maneuver it was and how lucky I was that I didn't get killed in the process.

Or maybe some rider on a sport bike comes zipping up behind you and then whips out into the next lane and screams past you, not even bothering to give you a courtesy wave. Feel your muscles tense and the bike seems to accelerate all on its own? That's Wimp-O-Phobia rearing its ugly head. And it's all in your mind. It's up to you to calm your mind down and thus calm down the rest of your body and bring yourself back to safe riding practices.

One of the greatest risks to your safety is denial that you're in charge and you're responsible for your own safety. Listen to the way people talk about their accidents and you know right away whether they have taken responsibility for the things they could have done differently, and avoided the incident, but did not; or if they are just laying the blame on their mechanic, the bike manufacturer, the road or weather conditions. John Maxwell, a well-known author on business leadership, has a saying that, "You can't learn anything from something you make excuses for." We all make poor decisions from time to time. Let's just learn from them instead of excusing them away.

It's up to each of us to choose to ride safer so that we can ride more. You decide.

Photo Album & Web Site

Give any photos you have to Rick or Sue Gustin for our album. If you have a digital camera, print out the best for our album. And, send your digital photos to Mark Caldwell.

Rides

Game Night, By Patty Spencer

Aloha chapter "E" friends! Game night at the Agachinsky's was great fun. The theme was "Hawaiian" and those that attended were met at the door and laid....No...Let me re-phrase that. They were all given a lei!

Some honorable mentions in the fashion department were the Roberson's, who arrived in matching "Hilo Hatie" shirts, Neal with those sexy legs and pineapple shirt and your future "CD", Bob Spencer, with his fish shirt, grass skirt and "parrot head" hat. **But**----the fashion award has to go to Ernie and Sue. They both were so cute, with Ernie wearing a 1970's "Saturday Night Fever" bright and I do mean bright, yellow leisure suit with white belt and loafers. Sue was sporting a 1960ish, fresh out of Berkley, bright yellow dress with orange, red and green flowers. An amazing fact is that they both found these outfits in their closet!

Rest assured we didn't go hungry. Everyone brought lots of salads and deserts including coconut macaroons, brownies and a pineapple upside down cake. Karen out did herself with her delicious barbecued pulled pork.

The game of choice seemed to be "Mexican Train Dominos" and we had two tables going late into the night. The party animals in attendance were the Agachinskys, Gustins, Robersons, Spencers, Sigyartos, Smiths, Thurgoods, Jim Pelican and Christy. The party broke up around midnight, which was actually 1:00 a.m. by the time we moved our clocks forward for daylight savings time.

Chapter B Visitation, By Bob Thurgood

It was a dark and stormy Saturday night. The Mexican Train pieces were all put away, and the tired and happy Wingers had left Neal and Karen's, looking forward to a pleasant half-night's rest. That's all the rest some of us got, because Chapter WA-B was waiting for us early Sunday morning in Bremerton. The Thurgoods picked up the Sigyartos at 6:15 a.m. and drove to the Bellevue Park and Ride where the Spencers picked up the Robersons. We drove together in the rain to the Bremerton Ferry terminal in Seattle, and because the ferry was quite late we got to nap a little while. The meeting place WA-B uses is only a few blocks up the hill from the ferry terminal in Bremerton and we arrived well ahead of their breakfast time, where Mark Caldwell was waiting for us. As we were walking from the parking lot to the building, several WA-F Goldwingers came around the corner on bikes and into the lot – looking very wet. We felt sorry for the ones who looked drenched, but I think we also admired them for their spunk!

WA-B is a very energetic chapter, and they put on a buffet breakfast fit for kings. Scrambled eggs, with or without red and green peppers, biscuits and gravy, hotcakes, sliced ham, bacon, fruit bowls, juices of all kinds, whipped jellos, coffee and hot chocolate!

During the meeting, Steve Johnson, International Membership Enhancement Director (member of WA-B) announced that Mike Wright, the President of GWRRA, will retire in April. Steve does not know about Mike's a replacement at this point in time, but there was a little joshing around about whether or not the Johnsons would be comfortable living in Phoenix.

The big upcoming event discussed was the Governor's Run, which WA-B has sponsored for many years.

We had a great time; it was a wonderful breakfast and we all felt warmly welcomed!

Early Spring Fun Run by Ernie Sigyarto

Nine bikes; Bob and Patty S., Neal and Karen A., Jim and Karen R., Jim P. and Christie, Bob and Thess T., John and Barb S., Rick and Sue G., Mark S., and Sue and I ; met to ride up to WA-C's Early Spring Fun Run. They had a great turn out with 99 bikes, their largest ever. Except for a few sprinkles, the weather was quite good. The directions for the route were well written and the roads were excellent. There were some roads that some of us hadn't been on which is always nice. It was approximately 100 miles in length but traditionally we did a couple more because of our mandatory policy of including at least one U-turn. Bob and Patty lead us flawlessly with Jim and Karen in the drag. Someone in Chapter C added a mystery check point, a silo count, a walking bridge name and what a couple cows were made of. When we finished the run at the Casino just off I-5 near exit 201, we were given \$5 coupons to their \$10 Buffet. What a nice set up. There's no way you could try everything no mater how small a serving you got. I tried. We picked up a few of their 50/50 prizes and Christie and Sue S. won the co-rider Poker Run second and first respectively. All in all, it was a well enjoyed official beginning of our riding season. We really have a nice group of friends.

Chapter "Check-Out" Material

Below is a list of materials available for check out from the Chapter. If you would like to check out any, please contact your Chapter Educator.

- Book: Street Strategies by David L. Hough

- Book: Proficient Motorcycling by David L. Hough
- VHS: Co-Rider from GWRRA (2002)
- VHS: Gary Sanford's Slow Speed Cycling Seminar
- VHS: Part 1: Helmet Effectiveness (Hurt Report); Part 2: Co-Rider from GWRRA (Pre-2002)
- VHS: GWRRA & Safeco present Touring & Braking / Trailering (1996)
- VHS: Buying Motorcycle Helmets (Snell Memorial Foundation)
- VHS: Basic Maintenance of the 1500 Goldwing with Andy MacDonald
- VHS: Advanced Maintenance for the 1500 Goldwing with Andrew MacDonald
- Report: Fatal Single Vehicle Motorcycle Crashes, October 2001
- Report: Drowsy Driving and Automobile Crashes
- Report: Impaired Motorcycle Riding: What Motorcyclists Think About Alcohol and Motorcycling, February 2001

Birthdays and Anniversaries

April Birthdays

02 Mark Caldwell
 03 Carl Leon
 10 Sandy McMahill
 13 Rick Gustin
 21 Laurie Slavin
 22 Ernie Sigyarto
 23 Russell Greaby
 25 Jerry Jones

April Anniversaries

14 Rick & Sue Gustin
 14 Mark & Laurie Slavin
 30 Dick & Ginny Stryker

May Birthdays

01 Barb Smith
 08 Gail Arcand
 10 Penny Rosenow
 15 Kathy Leon
 17 Karen Agachinsky
 24 Mark Slavin
 31 Carolyn Wartchow

May Anniversaries

09 Darrell & Wanda Kruize
 14 Jim & Jean Kuper
 15 Neal & Karen Agachinsky
 29 Ernie & Sue Sigyarto

Please see Jim and Karen Roberson for any additions or corrections.

Ads and Needs

Jim Roberson recommends Goldwing Gadgets as a source for parts. The link is <http://goldwinggadgets.com/> . Jon Sargeant, the owner of J & A Associates, is a GWRRA member. He also does electrical work on motorcycles.

CALENDAR OF CHAPTER EVENTS

PD pre-registration date
* WA-E scheduled event

2005 Calendar of Chapter Events

PD pre-registration date
*WA-E scheduled event

April

- 1st WA-Q Auction
- 2nd WA-L,M,R,S Multi Chapter Gathering
- 2nd Game Night at Neal and Karen's home, 6 pm.
- 3rd WA-B Visitation, Contact Mark C.
- *9th WA-C Early Spring Fun Run, Smokey Point, PD: Mar. 15th.
- 15-17th WA-Q Elma Rest Stop
- 16th Breakfast Meeting 9 am. Ride to Bodacious BBQ in Granite Falls
- 16th WA-K First Birthday
- 21st Dinner Social
- 29-1st WA-B Governor's Run, PD: Apr. 18th.

May (Thursday night 6 pm. XXX Ice Cream Socials in Issaquah begins May 5th. Please wear your XXX T-Shirt on the 5th if you have one.)

- *14-15th WA-M BBQ and Fun Run PD: Apr. 25th
- 20-23rd WA-S Victoria Days PD: Apr. 30
- 21st Breakfast Meeting 8 am (begin summer hours) Pioneer Park (Rodney)
- 27-30th WA-L Desert Spring Fling

June (Thursday night 6 pm. XXX Ice Cream Socials in Issaquah every Thursday)

- 3-5th WA-R Blue Mt. Rendezvous
- *4th WA-D Duck Hunt
- 10-12th WA-Q Elma Rest Stop
- 17-19th Oregon District Rally
- 18th Breakfast Meeting 8 am. Ride to Roslyn (Rick Gustin)
- 22-25th Can Am Rally PD: June 1st.

July (Thursday night 6 pm. XXX Ice Cream Socials in Issaquah every Thursday)

- 3rd 2nd Annual Gustin Ride and BBQ beach party.
- 4-7th Wing Ding in Indiana
- 8-10th WA-M Hobo Feed
- 9th Diablo Lake Adventure
- 16th Breakfast Meeting 8 am. Fort Worden
- *17th WA-A Mystery Ride, PD: Jun. 30th

23-25th WA-M Multi. Ch. Camp Out
28-30th Wash. Dist. Rally in Lynden (360-384-8881) PD: March 1st

August (Thursday night 6 pm. XXX Ice Cream Socials in Issaquah every Thursday)

*7th WA-F & G Mt. Run
*13th WA-Y Riddler Run
*18-21st Region I Rally, Port Townsend
20th Breakfast Meeting 8 am. Poulsbo Art Fair
*26-28th WA-P Oyster Feed

September (Thursday night 6 pm. XXX Ice Cream Socials on the 1st and 8th only. Please wear your XXX T-Shirt on the 8th if you have one)

2-5th Idaho Dist. Rally
2-5th WA-B Ocean Beach Camp Out
5th Chapter Picnic at the Agachinsky's Noon to ???
7-11th WA-M North Cascades Loop
11th Ride for Kids
17th Breakfast Meeting 8 am. Ride to Black Diamond Bakery
22nd Dinner Social
*25th Oyster Run

October

8th Wash. Dist. Leadership Training in Moses Lake.
15th Breakfast Meeting 9 am. (begin winter hours) Jillian's Sport Bar
*22nd WA-Q Halloween Dance
22-23rd WA-F South Hill Mall Show
27th Dinner Social
29th Game Night

November

4-7th Rest Stop South Bound Smokey Point.
5th LaConor Art Fair 10 am.
11th WA-M Veteran's Day Parade
13th Chapter E Brunch
17th Dinner Social
19th Breakfast Meeting 9 am. 2006 Calendar Planning Meeting

December

3rd WA-Q Santa Parade
10th WA-M Christmas Party, Zilla
10th WA-D Festival of Lights (tentative)
17th Breakfast Meeting 9 am. Christmas Party at 6 pm.

Impromptu Rides Pool

Lighthouse Photo Tour

Mt. Baker (approx. 300 miles)

Fall Color Ride
NW Trek / Picnic
Vancouver BC (Rodney)
Woodland Park Zoo / Picnic
Apple State Run Photo Tour
The Sound of Music in Leavenworth overnight (Contact Leah Gray)

Region I / District Volunteer Leaders / Staff

Region I Directors	Don & Eleanor Beyeler	donbeyeler@cableone.net
WA District Director	Roy & Pearl Mckenzie	rpwngdom@tx3.net
WA Asst. District Director	Lou Murkowski & Nai-Jeannie Busick	1sm@nventure.com
WA Asst. District Director	Loyd & Georgia Finley	tclo@shopmystate.com
WA Rider Education	Bruce & Sandra McMahill	BMcMahWAE@aol.com

Web Sites:

WA-District: <http://www.gwrri-wa.org>

Region I: <http://www.BigSkyRegionI.org>

Chapter WA-E Member E-Mail Addresses:

Chapter WA-E Web Address: <http://www.gwrri-wae.org>

*indicates new or changed e-mail entry